CLINICAL INTEGRATION
RESOURCE
GUIDE
SOCIAL DETERMINANTS OF HEALTH

Erie County
ProMedica Health System
Toledo, OH

This resource list is not exhaustive and the information contained herein, including program information and eligibility criteria, is subject to change without notice. ProMedica does not recommend nor endorse any specific company, agency, or organization listed.

Updated 3.21
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BEHAVIORAL HEALTH AND COUNSELING SERVICES

Firelands Counseling Services/*24 HR. Crisis Hotline 1-800-826-1306 419-557-5177
1925 Hayes Ave.
Sandusky, OH 44870

Cornerstone Counseling 419-621-8773
4444 Galloway Rd.
Sandusky, OH 44870
817 Kilbourne St.
Bellevue, OH 44811

Bayshore Counseling Services 419-626-9156
1218 Cleveland Rd.
Sandusky, OH 44870

NOMS Counseling Services 419-624-5177
2500 W. Strub Road Ste 300
Sandusky, OH 44870

Lakeshore Educational & Counseling Services 440-963-0402
5475 Liberty Ave.
Vermillion, Ohio 44089

Healing Trails LLC 419-684-9750
4317 State Route 269 S. (Bellevue-Castalia Road)
Castalia, OH 44824

DeLuca and Associates, Inc 440-327-1800
2525 Columbus Ave.
Sandusky, OH 44870

Associated Bay Area Counselors 419-625-1686
FOOD ASSISTANCE

Food Stamps – SNAP
Households whose gross monthly income is within 130% of the federal poverty level whose resources do not exceed $2,250 (or $3,500 if at least one household member is age 60 or older, or is disabled). The primary home is not considered as a countable resource but a vehicle may, depending on its value. Resources of SSI or OWF are excluded. Most retirement plans are not counted. For more information, go to: https://www.fns.usda.gov/snap/eligibility

<table>
<thead>
<tr>
<th>Household Size</th>
<th>Gross Monthly Income</th>
<th>Maximum Monthly Allotment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$1,354</td>
<td>$194</td>
</tr>
<tr>
<td>2</td>
<td>$1,832</td>
<td>$355</td>
</tr>
<tr>
<td>3</td>
<td>$2,311</td>
<td>$509</td>
</tr>
<tr>
<td>4</td>
<td>$2,790</td>
<td>$646</td>
</tr>
<tr>
<td>5</td>
<td>$3,269</td>
<td>$768</td>
</tr>
<tr>
<td>Each Additional Family Member</td>
<td>+$479</td>
<td>+$146</td>
</tr>
</tbody>
</table>

Information obtained from: https://www.fns.usda.gov/snap/eligibility

ProMedica Food Clinics
- Monthly food pantry available to patients of the ProMedica Physician Group
- Must be referred by a ProMedica Primary Care Provider (PCP). Three locations:
  - **ProMedica Bay Park Hospital** 2801 Bay Park Dr, Oregon, OH 43616
    419-690-7695
  - **Center for Health Services** 2150 West Central Ave., Pod A, Toledo, OH 43606
    419-291-8073
  - **ProMedica Health & Wellness Center** 5700 Monroe St., Suite 307, Sylvania, OH
    567-585-0095

** PARAMOUNT ADVANTAGE will provide transportation once per month to pick up food at the food clinic

Care and Share 419-624-1411
241 Jackson St. Sandusky, OH 44870
Monday, Tuesday, and Thursday: 9-10:45, 1-2:45pm
Father’s Heart Ministries Food Pantry 419-609-0110
1814 Milan Rd. ✦ Sandusky, OH 44870
Last Sunday: 3-4pm

OHgo Moblie Food Pantry 419-602-0856
3616 Plumbrook Cir. ✦ Sandusky, OH 44870
1st & 3rd Thursdays:
- MacArthur (Churchwell) Park: 4-4:45pm
- New Jerusalem Church Parking Lot: 4:50-5:30pm
- Orlando Pace Park: 5:45-6:30pm

Huron Helping Hands Food Pantry 419-616-0088
820 Cleveland Rd. E ✦ Huron, OH 44839
Wednesday: 9am-3pm, Thursday: 10am-2pm

Meals on Wheels - Erie County Senior Center 419-626-2560
620 E. Water St. ✦ Sandusky, OH 44870 ✦ eriesenior.org

Milan Friends Church Food Pantry 419-499-4352
2018 Mason Rd. E ✦ Milan, OH 44846
3rd Sat: 9-11am

Vermillion Church of Christ Food Pantry 440-967-5212
5116 Driftwood ✦ Vermillion, OH 44089
3rd Friday: 10am-11:30am (December is the 2nd Friday)

New Day Center 419-626-8730
1135 Warren St. ✦ Sandusky, OH 44870
3rd Sat: 11am-2pm

Sandusky Church of God 419-625-9166
1018 Bogart Rd. ✦ Sandusky, OH 44870
2nd Sat: 10-11am

Bellevue Fish and Loaves 419-484-2814
203 Maple St. ✦ Bellevue, OH 44811
Wednesday: 1-5pm

Sandusky Salvation Army 419-626-3862
3333 Columbus Ave. Sandusky
Monday-Thursday 10am-12pm, 1-2pm

United Church of Christ, Congregational 440-967-5212
990 State St. Vermilion
Community Action Commission of Erie, Huron and Richland Counties 419-626-6540
908 Seavers Way, Sandusky

Erie Metropolitan Housing Authority 419-625-0262
Apply at the Community Action Commission
908 Seavers Way, Sandusky

- Low income housing based on income and other eligibility criteria.
- Provides housing for adults, families, seniors, and persons with disabilities.
- There will likely be a waiting list.

Information needed during the application process:
- The social security numbers, names and dates of birth of all family members.
- Income(s) of all family members

Firelands Habitat for Humanity 419-621-7818
7602 Milan Rd. Sandusky

Rental and Home Ownership Assistance

Save the Dream Ohio – Mortgage Assistance 1-888-404-4674
Ohio Housing Finance Agency (OHFA) www.SavetheDream.ohio.gov

- Provides assistance to eligible homeowners to help avoid mortgage foreclosure.
- Maximum amount of assistance: $25,000
- Eligibility Criteria:
  - Homeowner or spouse must have been laid off or disabled on or after January 1, 2014 AND determined eligible for unemployment or disability benefits such as Social Security Disability, short and long-term disability through private insurance)
  - Household income below $112,375 (as of 12/10/18)
  - Must owe less than $432,500 on the mortgage
  - Other criteria may apply.

- Maximum amount of assistance: $25,000
- Apply at: www.SavetheDream.ohio.gov

The Salvation Army 419-626-3862
3333 Columbus Ave. Sandusky
• Provides emergency rent assistance when funding available.
  o Required documents: Eviction notice; Proof of income for all members of the household for the past 30 days; Proof of address from the past 30 days; Picture IDs of all adults in the household; and Birth certificates for all minors in the household.

USDA Rural Development 419-422-0242
• Provides assistance to low-income families to purchase a home with government assistance.
• The 502 Direct Housing loan program is available to eligible very low and low-income households to purchase and exiting home or build a new home in rural areas or small towns.
• Financing under this program is available for up to 100% loan-to-value. No down payment is required, closing costs are around $2,500 and, if possible, may be included in the loan. Rural Development does not change any points or application fees and does not require mortgage insurance.
• Eligibility is based on household size, income, and mortgage payment may be subsidized to as low as 1% interest rate. However, part of this assistance may be recouped if there is equity in the home when it is sold or refinanced. The house payment does include an escrow for real estate taxes and homeowner's insurance. The home to be purchased must be modest in size and in good repair and in an eligible area. Applicants cannot own a home.
• For more information on either program or an application, contact the Findlay Area Office at (419) 422-0242 or check out the website at www.rd.usda.gov/oh

Ohio Housing Locator www.ohiohousinglocator.org

Homestead Exemption (Tax Relief) 419-627-7746

HOMELESS SHELTERS

<table>
<thead>
<tr>
<th>Call United Way 211 for a referral to one of the following shelters</th>
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<tbody>
<tr>
<td>Norwalk Homeless Shelter</td>
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<tr>
<td>Liberty Center of Sandusky County</td>
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<tr>
<td>Aurora House (transitional housing for women and their children)</td>
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<tr>
<td>Viewpoint</td>
</tr>
<tr>
<td>Cross Roads</td>
</tr>
<tr>
<td>Family House (families)</td>
</tr>
<tr>
<td>Cherry St. Mission (men)</td>
</tr>
<tr>
<td>Beach House (families, no single men)</td>
</tr>
<tr>
<td>St. Paul's Community Center</td>
</tr>
<tr>
<td>Toledo Gospel Rescue Mission (men)</td>
</tr>
</tbody>
</table>

NOTE: for Domestic Violence shelters see the Domestic Violence chapter
UTILITY and PROPERTY TAX ASSISTANCE

Home Energy Assistance Program ( HEAP) 1-800-282-0880
Ohio Dept. of Development www.development.ohio.gov/is/is_heap.htm
- Provides a winter heating credit to low income individuals/households between Nov. 1 – Mar. 31
- Household income must be at or below 175% poverty level.
- Obtain application from area senior centers, libraries, by calling the above number, or online.

Winter Crisis Program (Emergency HEAP) 419-626-6540
Community Action Commission
908 Seavers Way, Sandusky
- Provides emergency financial assistance to low-income households to avoid a disconnection of their heating service (gas or electric) between November 1 – March 31.
- Financial Income Criteria: 175% poverty level. See table below.

Summer Crisis HEAP Program 419-626-6540
Community Action Agency
908 Seavers Way, Sandusky
- Household income must be at or below 175% poverty level.
- Must have a member of the household who is at least 60 years old; or if under 60, must provide physician documentation of medical necessity.
- One-time payment assistance provided for summer electric bill and purchase of an AC unit.

<table>
<thead>
<tr>
<th>Household Size</th>
<th>Annual Income</th>
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<tbody>
<tr>
<td>1</td>
<td>$22,300</td>
<td>5</td>
<td>$53,690</td>
</tr>
<tr>
<td>2</td>
<td>$30,170</td>
<td>6</td>
<td>$61,530</td>
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<tr>
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<tr>
<td>4</td>
<td>$45,850</td>
<td>8</td>
<td>$77,210</td>
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For households with more than 8 members, add $6,480 per member for 12 month calculation or $1,620 for 3 month calculation.

Percentage of Income Plan Plus (PIPP) 
Community Action Agency
908 Seavers Way, Sandusky http://development.ohio.gov/is/is_pipp.htm

The following information was taken directly from the Ohio PIPP Plus website above:
- PIPP Plus allows eligible customers to make affordable monthly energy payments on a year-round basis.
You must have a gross yearly household income at or below 150 percent of the federal poverty guidelines.

Electric and natural gas customers who qualify pay $10 or 6 percent of their gross monthly household income, whichever is greater, to the utility company each month.

If the utility provides both gas and electric services or if the customer has an all-electric home, the payment is $10 or 10 percent of the gross monthly income, whichever is greater.

When PIPP Plus payments are made on-time and in-full, customers earn an incentive credit and an arrearage credit. Each time you pay your required monthly payment on-time and in-full, you no longer owe the rest of that month's billed amount. You also receive a 1/24 credit toward any old debt.

If you make full, on-time payments for 24 straight months, all of your arrearages will be eliminated.

You may enroll in PIPP Plus by completing the Energy Assistance Program application and mailing it to The Ohio Department of Development. You must provide proof of your gross monthly household income for at least the last three months.

PIPP Income Limits (for the 2020-21 season)

<table>
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Medical Extensions - for a 30-day delay of a gas or electric shut off:

- In the event of an electric or gas disconnection notice, you may contact your utility company to inquire if an extension may be approved due to a medical condition:
  - Columbia Gas: 1-800-344-4077
  - Toledo Edison: 1-800-447-3333

The Salvation Army
3333 Columbus Ave, Sandusky
Mon-Thurs 10am-12pm, 1-2pm

- Emergency assistance for utilities, rent, very short term emergency housing (1 – 2 days), medications, gasoline voucher if needed to get to a new job or medical appointment.

Erie County Veteran Service Office (emergency financial assistance) 419-627-7579
2900 Columbus Ave. Floor 2, Sandusky
- Short term emergency financial assistance provided to veterans or widows of veterans.
- May help with prescription costs (call to confirm if this is available).
- Veteran must have an honorable discharge and provide copy of DD214
- Also provides claim help to veterans and veterans’ widows/widowers in applying for VA benefits

**Homestead Property Tax Discount**

**Erie County Auditor**

**Qualifications for the homestead tax exemption:**
- Applicants must be 65 or older, or totally and permanently disabled. If disabled, one must provide a certificate of disability or have his or her physician sign an exemption form and include the date of the disability.
- Applicants must own and occupy their home or mobile home or at least have an ownership interest such as land contract or lease purchase.

**Erie County Dept. Of Job and Family Services**

221 W. Parish Street
Sandusky, Ohio 44870

**Columbia Gas Warm Choice Program**

1-800-537-8210

[https://www.columbiagasohio.com/energy-efficiency/for-your-home/income-eligible-weatherization](https://www.columbiagasohio.com/energy-efficiency/for-your-home/income-eligible-weatherization)

**Eligibility**
- Households with an active Columbia Gas account.
- Household income at 150% of the federal poverty level
- Must be homeowner or renter (requires landlord authorization)
- Natural gas must be the primary heating source
- No major roof leaks, standing water, excessive mold or other factors that would impair safe and effective insulation.

**Services Include**
- A home energy inspection is done in order to recommend the most energy efficient improvements that can be made to your home.
- Safety inspection on gas appliances (furnace and water heater)
- Tune-up/repair of heating units and/or stoves
- Insulation of attics, sidewalls, floors, heating ducts, and water tanks
- Sealing of air leakage from major sources.

**To Apply:** call Ground Level Solutions at 1-800-537-8210

**First Call for Help**
- Maintains information on all of the current utility assistance programs available.
TELEPHONE and INTERNET ASSISTANCE

The Lifeline and Link Up Telephone Assistance Programs 1-888-641-8722
www.fcc.gov/lifeline

- Low income households may apply for one program:
  - A monthly discount on basic local landline telephone service, waiver of installation and deposit fees, and have optional toll blocking and 900/976 blocking at no additional charge

OR

- Free Wireless phone service

- Eligibility: household income must be at or below 150% of the federal poverty level or participate in public or state assistance programs including Medicaid, Food Stamps, SSI, Section 8 Housing, HEAP, TANF, or the National School Lunch Program’s Free Lunch.
- Contact your local telephone service provider to apply or call USAC at 1-888-641-8722 for more information.

Access from AT&T
www.att.com/access
Discounted Internet
855-220-5211 English
855-220-5225 Spanish

- Low cost home internet for households who participate in SNAP – Supplemental Nutritional Assistance Program (Foodstamps).
- Must not have any outstanding debt for AT&T fixed internet service within the prior 6 months nor any unpaid debt with this program (Access).
- No contract, No deposit, No installation fee
- Plans from $5 - 10 per month depending on desired internet speed.
- Service not available in all geographic areas. Check on line for more information.
TRANSPORTATION

Best Bet Shuttle 419-656-3647
(Open Mon.-Sun. From 8:30am-3:00am)

A Sandusky Taxi 419-366-7918

Turbo Taxi 419-975-0324
(Open Mon.-Sun. From 7am-12am)

Sandusky Transit/SPARC 419-627-0740
• Reservations, shared rides and curb to curb serves all of Erie County. All vehicles are wheelchair accessible. Mobility assistance can ride for free, notify dispatch as needed.
• Hours: Mon.-Saturday from 6am-10pm; scheduling hours: Mon.-Fri. from 8am-4pm.
• Fares: $1.50 within Sandusky limits (single trips). Fares are discounted by 50% for individuals 65 and older or individuals with disabilities. Call for more information for a fare discount. Riders are required to have correct fare, drivers will not make change. Children 5 and under ride free. (Sandusky/Perkins area only)

Firelands 55+ Club 419-557-7052

Serving our Seniors 419-624-1856

Veterans Administration 419-627-7579

Medicaid Managed Care Transportation

Athena 1-866-799-4395
Buckeye 1-866-531-0615
CareSource 1-800-488-0134
Molina 1-866-642-9279
Paramount 1-866-837-9817
United HealthCare 1-800-269-4190
WellCare 1-800-951-7719

Ohio Medicaid plans and some Medicare Advantage plans offer transportation to medical appointments. Call your specific plan for more details.
SAFETY SERVICES

Domestic Violence Services

Safe Harbor Domestic Violence Shelter 419-626-2200/1-800-953-2207
Sandusky Ohio 24 hour hotline 1-800-799-7233

Liberty Center Shelter 419-332-8777
1421 E. State Street, Fremont

Miriam House/Catholic Charities 419-663-6341
249 W. Main Street, Norwalk

The Cocoon Shelter 419-373-1730
Bowling Green, Ohio
- Domestic Violence Shelter for women and children
- Provides case management, counseling, and support to victims of domestic violence.
- Provides assistance or referrals for emergency food, clothing, personal care items, transportation, financial and budgeting assistance.

Domestic Violence Shelter – YWCA
Shelter: 419-241-7386 or 1-888-341-7386
Rape Crisis Line: 419-241-7273 or 1-866-557-7273
1018 Jefferson Ave.
Toledo, Ohio 43624
- Emergency Shelter for victims of domestic violence.
- Also provides Rape Crisis Services 24 hours per day, 7 days per week

Violence Against Women (Toledo/Lucas County program)
24 Hour Crisis Response Team 419-261-7446
- Provides 24-hour, short-term crisis intervention, referral services, and support to victims of domestic violence.
YWCA of Northwest Ohio
1018 Jefferson Ave.
Toledo, OH 43604
- Emergency domestic violence shelter, crisis intervention, support groups, parenting skills, case management, referral and advocacy services.
- The Domestic Violence Shelter also houses pets of survivors as a part of the safety plan.

Community Support Services
1848 E. Perry St.
Suite #60
Sutton Center
Port Clinton, OH 43452
- Provides a weekly support group for victims of domestic violence.

VICTIM ASSISTANCE PROGRAMS:

Erie County Prosecutor’s Office
247 Columbus Ave #319, Sandusky
- Provides assistance and support to victims of violent crime.
- Provides education to victims regarding their rights.
- Escorts victims to court hearings/proceedings
- Educates victims on court procedures and etiquette.
- Provides employer interventions, crisis counseling, and referrals for long-term counseling.
- Notifies victims of court dates, continuance, motions for early release, and parole hearings.
- Assists victims to file for financial compensation under Ohio’s Crime Victim Compensation Program.

The Ohio Victims of Crime Compensation Program
1-877-584-2846
Attorney General’s Office
1-800-582-2877
Columbus, Ohio
- This programs offers compensation to innocent victims of violent crime for out-of-pocket and unreimbursed expenses resulting from the crime.

The Ohio Domestic Violence Network
1-800-934-9840
www.odvn.org

National Domestic Violence Hotline
1-800-799-SAFE (7233)
PROTECTIVE SERVICES:

Adult Protective Services 419-626-6781
Dept. Of Job and Family Services
221 W. Parish Street
Sandusky, Ohio
- Investigates reports of abuse, neglect (by self or others) and exploitation of older adults, age 60 or older. Referrals can be made by any concerned parties.

Child Protective Services 419-626-6781
Dept. Of Job and Family Services
221 W. Parish Street
Sandusky, Ohio
- Investigates reports of child abuse and neglect; provides protective services to children who are at risk for abuse and or neglect.

CASA Program 419-621-0324
111 E. Shoreline Dr. Ste. 5, Sandusky
Eriecountycasaprogram.com

Long Term Care Ombudsman (Northwest Ohio) 1-800-542-1874
Advocates for Basic Legal Equality (ABLE)
“Ombudsmen field complaints about long-term care services, voice clients’ needs and concerns to nursing homes, home health agencies, and other providers of long-term care. While they do not "police" nursing homes and home health agencies, they work with the long-term care provider and you, your family, or other representatives to resolve problems and concerns you may have about the quality of services you receive” (Source: Ohio Department of Aging Website)

SENIOR SAFETY PROGRAMS:

Erie County Sheriff’s Office 419-625-7951
Sandusky Ohio
- Project Lifesaver is an active response to the problem of locating people who may not be able to find their way home – before they become victims. Those enrolled in the Project Lifesaver program wear a wristband that transmits radio signals every second, 24 hours a day. The signal can be tracked over several miles on the ground by members of the Erie County Sheriff’s Office or from the air by helicopter. Help is immediate once a family/caregiver notifies the Sheriff’s Office.
- Eligibility requirements at Erie County Resident and 60 years of age or older

Serving Our Seniors 419-624-1856
310 Boalt Street, Sandusky
Adult Advocacy Services Catholic Charities 419-502-0043

SENIOR CENTERS

Erie County Senior Center 419-626-2560

ADDITIONAL SENIOR SERVICES

Area Office on Aging (Northwest Ohio)
2155 Arlington Ave. Toledo, OH 43609 419-382-0624
- Assistance for finding programs for seniors, including identifying a senior center near you, as well as finding additional free resources and services in your community

Alzheimer’s Support Groups 419-537-1999

Good RX 1-855-268-2822
- A resource for discounted prescriptions

Silver Sneakers
- Visit the following website https://www.silversneakers.com/join-in/ to see if you are eligible and find a location near you!
- FREE Fitness program for seniors on Medicare-partnered with local gym and fitness centers.

Area Office on Aging of NWO, Inc. 419-382-0624
2155 Arlington Ave.
Toledo, OH 43609
- Senior Farmers' Market Nutrition Program

AARP
Ohio Office, 17 S. High St., Ste. 800,
Columbus 43215 www.aarp.org
- AARP is dedicated to enhancing the quality of life for all as we age.

Legal Hotline for Older Ohioans 1-800-488-6070
Proseniors.org
CONSUMER PROTECTION SERVICES:

Better Business Bureau 1-800-743-4222
3103 Executive Pkwy 419-531-3116
Toledo, Ohio 43606 www.toledo.bbb.org

- Investigates consumer complaints against businesses in NW Ohio and SW Michigan.
- Maintains records of consumer complaints for individual companies/businesses

Attorney General of Ohio 1-800-282-0515
Consumer Protection Office
- Deals with issues of consumer fraud

Do-Not-Call Registry 888-382-1222
www.donotcall.gov
- Anyone can register their home, cell, fax and pager numbers with the Federal Government “Do-Not-Call Registry” to help prevent unwanted calls from telemarketers for five years.

WTOL – Toledo 11 Call For Action 419-255-2255
730 North Summit Street www.wtol.com
Toledo, Ohio 43604
- This is a non-profit volunteer based telephone service that provides information, referral and action focused on resolving problems related to consumer scams/fraud.
- This is a free and confidential service.
- Hours: Tuesdays, Wednesdays, and Thursdays from 11 a.m. to 1 p.m.

WTVG – 13 ABC 419-531-1313
4247 Dorr Street www.13abc.com
Toledo, Ohio 43607
- Investigative reporting in regard to experiences with consumer fraud
MEDICAL ASSISTANCE AND DENTAL SERVICES

Erie County Department of Job and Family Services 419-626-5623
221 W. Parish St, Sandusky

- Provides services including TANF: Temporary Assistance for Needy Families (limited cash assistance), food stamps, and medical coverage for eligible children and adults.
- Medicaid covers such services as physician, hospital, ambulance, home health services, inpatient hospital care, laboratory and x-rays, long term care, dental services, medical supplies, prostheses, out-patient hospital and clinic services, pharmacy services, physician services and psychiatric services.
- Must meet financial criteria requirements.
- Some Medicaid programs require a determination of disability to qualify.
- The fastest way to apply is online at: http://benefits.ohio.gov/
- May also apply at the Lucas County JFS office (address and phone number above).

Healthy Start Medicaid:
- For Children up to 19 years of age without health insurance: 206% poverty or lower
- Children up to 19 years of age with health insurance: 156% poverty or lower
- Pregnant women: 200% poverty or lower.

### 2021 Medicaid Financial Eligibility Criteria

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<tr>
<th>Medicaid HH Size</th>
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</table>
**Erie County Health Department**
420 Superior Street, Sandusky

**Serving Our Seniors**
310 Boalt Street, Sandusky
- Assists adults 60+ with applying for Medicare/Medicaid

**Cancer Services**
505 E. Perkins Ave, Sandusky
cancerresources.org

**Family Health Services**
1912 Hayes & 620 E. Water St. Sandusky

**Healthcare Marketplace**
1-800-318-2596
www.healthcare.gov

- Government Subsidized Health Care Insurance
- Health Insurance for uninsured Americans with cost based on income.
- Eligibility Criteria:
  - Must live in the United States
  - Must be a U.S. citizen or national (or be lawfully present)
  - Cannot be incarcerated
  - Not eligible for Medicare
- Apply for Marketplace coverage:
  - Online at: www.healthcare.gov/marketplace
  - By phone: Call 1-800-318-2596 or TTY: 1-855-889-4325
- To apply outside of the open enrollment period, one must have a qualifying life event such as getting married, divorced, having a baby or adopting a child, losing job based insurance coverage. For a full list of qualifying life events, refer to the www.healthcare.gov website.
- You will not qualify for a Special Enrollment Period if:
  - You lose coverage because you didn’t pay your premium.
  - You voluntarily drop your coverage prior to the end of the plan year.

**Medicaid Consumer Hotline**
1-800-324-8680

**“Benefits Check-Up”**
419-382-0624

**Area Office on Aging**
1-800-472-7277
www.benefitscheckup.org

- Consumers may complete an application providing financial information to find out which government assistance programs they may qualify.
- “Benefits Check-Up” does not apply for programs on your behalf but will provide you with direction on where to start.
MEDICATION ASSISTANCE

MEDICARE PART D DRUG PLAN 1-800-633-4227
www.medicare.gov

- Medicare contracts with many insurance companies to provide drug coverage through Part D
- **Open enrollment for current Medicare beneficiaries: Oct 15 – Dec 7 each year**
- When enrolling, have your Medicare card and list of prescription medications/dosages with you

**2018 Part D Plan Specifics:**

- During the initial coverage phase, you pay a co-payment and your Part D drug plan pays its share for each covered drug until your combined amount (including your deductible) reaches $3750.
- Once you and your Part D drug plan have spent $3750 for covered drugs, you will be in the coverage gap, also called the "donut hole". **For 2018, the copay for covered brand-name prescriptions is 35% of the cost; covered generics copays are 44% while in the “donut hole”.
- When you spend more than $5000 out-of-pocket, the coverage gap (donut hole) ends and your drug plan pays most of the costs of your covered drugs for the remainder of the year. You will then be responsible for a small copayment. This is known as catastrophic coverage.

**MEDICARE PART D “EXTRA HELP” with Part D Prescription Drug Costs**

- Medicare Part D recipients may qualify for lower drug co-pays and a reduced or waived Part D premium. The income and financial asset limits for **2021** are as follows:
  - For single persons: annual income below $19,320 and assets less than $13,820
  - For a married couple: combined annual income less than $26,130 and combined assets below $27,600.
  - There is no coverage gap (donut hole) with the Extra Help benefit.
- For **2021**, if you qualify for “Full Extra Help”, costs for generics are no more than $3.60 and brand name $8.95.
- Apply on line at [www.socialsecurity.gov](http://www.socialsecurity.gov) or call the Area Office on Aging at 419-382-7060.

**NOTE:** applying for the “extra help” does not enroll a patient in the Medicare Drug Plan. Medicare recipients still have to enroll in a Part D plan.

**Buderer Drug Co. Drug Repository Program**

419-873-2800 800-318-3408
www.budererdrug.com/drug-repository-program

- Low cost medications (must pay a copay)
- Medications are available on a first come, first serve basis
- Not all medications are available.
- Eligibility:
  - Must be a resident of Ohio
  - Must have no 3rd party drug reimbursement coverage for the drug prescribed; or
  - Is a patient of a non-profit clinic
- Refer to the above website for additional details and limitations of the program.

**The Patient Access Network (PAN) Foundation**

[www.panfoundation.org](http://www.panfoundation.org)

**The Healthwell Foundation**

[www.healthwellfoundation.org](http://www.healthwellfoundation.org)
The above two foundations help individuals with health insurance pay their out-of-pocket costs for prescribed medications that treat certain diagnoses/diseases. For a list of approved diagnoses/disease conditions, call them directly or refer to their websites.

- General Eligibility Criteria:
  - Must be insured and the insurance must cover the specified medication.
  - The medication must directly treat the specified illness/disease.
  - The patient must meet the individual program’s income criteria.

- Apply on-line or by phone.

**Pharmaceutical Patient Assistance Programs**

1-888-477-2669

- For low income individuals with no prescription coverage.

- Call 1-888-477-2669 or access online through:
  - www.pparx.org
  - www.needymeds.org
  - www.rxassist.org

**Emergency Medication Assistance**

**Care and Share**

419-624-1411

241 Jackson Street, Sandusky

- Able to help with prescription medication costs as funding allows

**Kidney Foundation of Northwest Ohio**

419-329-2196

- Financial assistance for medications related to kidney disease. www.kfnwo.org
The Erie County Community Health Center provides Dental Services for all ages. Oral Health care begins at one year of age. The following oral health services are offered in our center:

- Routine exams/screenings
- Dental Sealants
- Oral Cancer Screenings
- Fillings (Amalgam/composite)
- Fluoride treatments
- X-rays
- Cleanings/Hygiene
- Extractions
- Oral Surgeons on staff

This program refers Ohio’s uninsured or low income individuals with volunteer dentists or dental clinics for donated or discounted care. Must meet certain financial criteria. Call 1-888-765-6789 for more information.
EMPLOYMENT AND JOB TRAINING ASSISTANCE

OHIO MEANS JOBS- Erie County Dept. of Job and Family Services 419-624-6451
221 W. Parish Street, Sandusky

Ohio Means Jobs has a variety of resources and services to aid job seekers in their search or with retaining their current job. Below is a list of services at the One-Stop Career Center:

- **Education and training**
  - GED classes
  - Financial aid information
  - English as a second language

- **Career exploration information**
  - Basics of finding a job
  - Resume tips
  - Cover letter tips
  - Interviewing tips
  - Job search workshops and services

- **Supportive services**
  - Transportation
  - Medical care
  - Counseling

Opportunities for Ohioans with Disabilities (OOD) 419-866-5811 Voice/TTY
Bureau of Vocational Rehabilitation (BVR) 800-589-5811 Voice/TTY
5241 Southwyck Blvd. https://oodworks.com/
Toledo, OH 43614

- From the OOD website: “Vocational Rehabilitation (VR) is a program that assists individuals with physical, intellectual, mental health and sensory disabilities to obtain and retain employment.”
- This office serves Erie, Huron, Lorain, Lucas, Ottawa, and Wood counties.

Goodwill Industries of Erie, Huron, Ottawa and Sandusky Counties, Inc. - Fremont Plant 419-334-7566
1597 Pontiac Ave.
Fremont, OH 43420

Adecco Employment Services 419-624-9675
2215 Cleveland Rd. #106 Sandusky

All In Staffing 419-502-2210
501 W. Perkins Ave. Sandusky
Cardinal Staffing 419-734-6318
2904 Milan Rd, Sandusky

Step by Step Employment and Training 440-967-9042
664 Exchange Street, Vermilion

Tradesmen International 844-280-2868
2419 E. Perkins Ave, Sandusky

National Rehabilitation Information Center 1-800-346-2742
- Resources for employment, advocacy, benefits, and financial assistance, education, technology, and more.
- More information found at www.naric.com

Prevention, Retention, and Contingency Funds (PRC) - Ottawa County Job & Family Services
- Emergency Assistance for adults who have legal and physical custody of minor children
- Household Income Criteria: At or below 200% of the Federal Poverty Level for family size
- Assistance includes:
  o Child Welfare Services
  o Family Disaster Assistance
  o Employment and Training
  o Transportation Services
  o Temporary Assistance for Needy Families (TANF)

Ohio Youth Works Program

Job Boards/Listings


Government Jobs

USA Jobs www.usajobs.gov
Veteran Administration Jobs www.va.gov/jobs
County Jobs Check your local county website for county job listings.
FINANCIAL MANAGEMENT – BUDGETING ASSISTANCE

Financial Opportunity Center 567-585-0059
The ProMedica Ebeid Institute
1806 Madison Ave.
Toledo, OH 43604

- Provides financial coaching and counseling services focused on employment, budgeting, savings, debt resolution, credit repair and long-term financial goal achievement.
- Tax preparation services also provided through the Ohio Benefit Bank (see below)

Ohio Benefits Bank – is no longer in business. The Ohio Department of Job and Family Services (ODJFS) Ohio Benefits System is still available as an option for clients to apply for healthcare, food assistance, and cash benefits. [https://benefits.ohio.gov/](https://benefits.ohio.gov/)

Kidney Foundation of Northwest Ohio 419-329-2196
3100 W. Central Ave., Suite 150
Toledo, OH 43606

- For individuals with kidney disease:
  - Transportation (medical purposes only)
  - Prescription Medications
  - Nutritional Supplements
  - Medical Equipment
  - Emergency Assistance Fund/General Financial Assistance

Lutheran Social Services 419-334-3431
512 E. State St.
Fremont, OH 43420
[www.lssnwo.org](http://www.lssnwo.org)

- Crossroads offers financial coaching, debt management services, credit building services, education and employment readiness training, in two locations including the Scott and Robinson Community Hub.
- The LSS Financial Opportunity Centers in collaboration with the Greater Toledo United Way and the Local Initiatives Support Corporation Toledo.
- Financial education workshops are offered throughout the community by request. Call Megan at 419-475-3258 for an appointment with a Financial Coach today.

Ohio State Extension – Erie County Office 419-627-7631
2900 Columbus Ave. Sandusky
### 2020 Poverty Guidelines

#### Annual

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## EDUCATIONAL RESOURCES

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<td>Head Start</td>
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<td>Nehemiah Partners of Sandusky</td>
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<td>North Point Educational Service Center</td>
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<td>Sandusky Career Center</td>
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CHILD CARE

Dept. Of Job and Family Services 419-626-6781
221 Parish Street, Sandusky
- Day care assistance is available while you work or go to school.
- Income Criteria: 130% poverty level

Search for Early Care and Education Programs
http://childcaresearch.ohio.gov/
- Database of private and facility daycare providers approved by Job and Family Service
- Input zip code and preferences to find all providers in the area with openings

Child Care Resource Center BGSU Firelands 440-242-0413
1 University Dr. Huron Ccrinc.com

Double Sweet Daycare 440-574-1891
1501 Milan Rd. Sandusky

Firelands Daycare 419-684-5311
3809 Maple Ave. Castalia

Junior Explorers CDC 419-502-1234
4806 Timber Commons Dr. Sandusky

Kiddie Korral 419-626-9082
315 W. Follett & 1809 Perkins Ave. Sandusky

Life’s Little Lessons 419-625-7013
1614 Sherman St. Sandusky

Little Me Learning Center 567-401-6152
12306 SR 13, Milan

Playland Daycare 419-684-7551
314 Lucas Street, Castalia

St. Stephen Kiddie College Nursery 419-624-1814
905 E. Perkins, Sandusky

Train up a Child 419-609-9403
910 W. Madison St. Sandusky

Wee Care Day Care 419-621-7853
1180 Cleveland Rd. Sandusky
LEGAL RESOURCES

Legal Aid of Western Ohio 1-888-534-1432
- Free legal assistance for low to moderate income individuals including wills, family law, litigation & community education of civil matters.
- Must meet income guidelines
- Does not handle criminal matters.
- Affiliated with Advocates for Basic Legal Equality (ABLE).

Advocates for Basic Legal Equality (ABLE) 1-800-837-0814
525 Jefferson Ave. Ste 400
Toledo, Ohio 43604 419-255-0814
- Legal assistance for low-income individuals/families to address housing discrimination, disability law, access to public benefits, long-term care including nursing home residents, equal educational opportunities, & immigration.
- Affiliated with Legal Aide of Western Ohio.

Medical Legal Partnership for Children (MLPC) 419-724-0030
Advocates for Basic Legal Equality
- Free legal services for pediatric patients/families of ProMedica Children’s Hospital, University Pediatrics at UTMC, and Mercy Children’s Hospital. Legal Services are provided to help alleviate legal issues that have the potential to negatively impact the child’s health.
- Call the above phone number and ask to speak to a MLPC attorney.

Legal Clinic for Veterans 419-259-2000
Toledo VA Outpatient Clinic
1200 S. Detroit Ave.
Toledo, OH 43609
- Free legal advice offered to all veterans concerning legal issues including, but not limited to Wills, Eviction, Foreclosure, Child Support, Child Custody, Expungement of previous legal issues, current DUIs, Probation, or other criminal issues.
- This is a Walk-In Clinic held in the conference room. First come, first serve.
- Occurs on the 1st Thursday of each month from 8:30 – 11:30 a.m. through August 2016. After August 2016, call the above number to see if the clinic is still running.

Legal Hotline for Older Ohioans 1-800-488-6070
ProSeniors, Inc www.proseniors.org
• Free legal advice, information, and referral for Ohioans age 60 and older regardless of income, financial resources or location.
• Addresses questions regarding Medicare, Medicaid and Medicaid estate recovery, living wills, durable powers of attorney for health care, and consumer problems.
• Telephone appointments for the Legal Hotline are available Mon – Fri from 8:30 am - 4:30 pm

Citizens Dispute Settlement Program
555 N. Erie St,
Toledo, OH 43604
• Provides mediation (not legal services) to parties desiring resolution of a dispute without going to court
• Walk-ins only (does not set up appointments) but will provide information by phone

Hall & Wylkan, Certified Elder Law Attorneys
1430 Oak Harbor Rd.
Fremont, OH 43420
• Elder law attorneys, specializing in Medicaid/Medicare, veteran’s benefits, estate planning and other senior issues.

Association for Children of Enforcement of Support, Inc.
2260 Upton Ave.
Toledo, OH 43606
• Provides education on child support enforcement, visitation rights, and paternity determination.
SUBSTANCE ABUSE: ALCOHOL AND DRUG TREATMENT

Alcoholics Anonymous 419-380-9862
Al-Anon and Al-A-Teen 1-888-425-2666
Cocaine Anonymous 419-385-9000
Narcotics Anonymous www.naohio.org 818.773.9999 Ext. 771

Choices Behavioral Health Care 419-865-5690
126 E. Perry St.
Port Clinton, OH 43452
- Provides outpatient substance use disorder recovery services.
- Provides suboxone substance abuse treatment program that includes medication-assisted treatment.

Firelands Counseling Services
1925 Hayes Ave. 675 Bartson Rd. 22052 W. StateRte. 51
Sandusky, OH 44870 Fremont, OH 43420 Genoa, OH 43430
419-557-5177 419-332-5524 419-734-2942

- The AOD counselors at Firelands Counseling and Recovery Services provide a complete continuum of treatment and prevention services to help individuals and families establish and maintain abstinence from alcohol and other drugs. Services are available for adults, adolescents and their families.
- Firelands addresses the whole person offering treatment services, employment services and linkage to community resources to meet needs such as food, clothing, and access to entitlements and more. We offer:
  - Assessment and individualized treatment planning
  - Case management
  - Community and professional education
  - Continuing care
  - Family sessions and family support
  - Hotline and crisis services
  - Individual and group counseling
  - Assessment & Referral to detox services

Mental Health & Recovery Services Board of Erie and Ottawa County 419-627-1908
1925 Hayes Ave. Sandusky
- Offers inpatient, housing, group support services.
- Crisis hotline offered 24/7 at 1-800-826-1306.

Bayshore Counseling Services
1634 Sycamore Line 201 Madison St.
Sandusky, OH 44870 Port Clinton, OH 43452

www.bayshorecs.org
Provides a complete range of outpatient alcohol and drug services.

- Counseling services include: individual, couples, and/or family counseling, as well as medication services if deemed appropriate.
- Drug Court (Benchmark) Program offers court supervised treatment for individuals who have been charged with a non-violent drug related felony. Successful completion generally results in dismissal of charges.
- Family Drug Court Programs are provided for adults with alcohol and drug issues who are also involved with child protective services.
- 72 Hour Driver Intervention Program (DUI Classes) is a 3-day DUI school; referral by the court needed.
- Anger Management Group provides 8-week courses teaching healthier coping mechanisms and communication with others.

Sandusky Artisans
138 E. Market St.
Sandusky, OH 44870
- Provides a range of Recovery support, peer and self-help services to persons suffering from substance use disorders and mental illness. Many 12-step meetings and art classes are held every week.

INPATIENT SUBSTANCE ABUSE TREATMENT

Erie County Health Department Detox Unit
419-624-3353

University of Toledo Medical Center (UTMC)
Inpatient Detoxification Unit
419-383-2337
- 10-bed inpatient detoxification unit for alcohol and substance abuse treatment
- For admission, the patient must be in active withdrawal
- Average length of stay is 3 – 5 days 6/17

Arrowhead Behavioral Health
1725 Timber Line Rd.
Maumee, Ohio 43537
419-891-9333 1-800-547-5695
- Inpatient and outpatient alcohol and substance abuse treatment. Medicare and insurance plans accepted. Medicaid is accepted on a case by case basis.

Glenbeigh Outpatient Center of Toledo
3425 Executive Parkway, Suite 207
Toledo, Ohio 43606
419-536-4000 www.glenbeigh.com
- Outpatient alcohol and drug treatment program
  - Comprehensive Assessment
  - Intensive Outpatient Treatment
  - Family Counseling and Education
  - Continuing Care Services
  - Relapse Prevention Program
- Call to see if your insurance plan is accepted

**Midwest Recovery Center**
1757 Indian Wood Circle
Maumee, Ohio 43537

1-866-203-0308

Alcohol and Substance Abuse Treatment including:
- Outpatient and Intensive Outpatient treatment
- Partial Hospitalization
- Dual Diagnosis Treatment for individuals experiencing both substance abuse and mood disorders
- Inpatient Detox Center: 1-866-688-6917
- Call to see if your insurance plan is accepted.

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**FURNITURE, APPLIANCES & CLOTHING**

**The Salvation Army**
419-626-3862
3333 Columbus Ave. Sandusky
- Provides furniture and clothing when available via donations.

**Care and Share of Erie County**
419-624-1076
241 Jackson St.
Sandusky, OH 44870
- Offers food, clothing, shoes, household good and small appliances based on USDA income eligibility on 200% of federal poverty level.
- Hours are Monday, Tuesday and Thursday 9 – 11am and 1 – 3pm; Friday 9 – 11am.
- Photo ID with proof of address required.

**Grace Thrift Shop**
419-626-5453
301 E. Market St.
Sandusky, OH 44870
- Thrift shop located at the church; merchandise includes clothing for all ages, shoes, jewelry, linens, and small household items.
- Free clothing and other items are provided to people in need with letters from area churches or organizations.
- Hours are Tuesday, Wednesday and Thursday 11:30am – 4pm; Friday 11:30am – 6pm; Saturday 10am – 1pm.

**Goodwill Sandusky**
419-625-2910
924 E. Perkins Ave. Sandusky
### 2020 Poverty Guidelines

For the 48 Contiguous States and the District of Columbia

<table>
<thead>
<tr>
<th>2020 Poverty Guidelines for the 48 Contiguous States and the District of Columbia*</th>
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<td>6</td>
<td>35,160</td>
</tr>
<tr>
<td>7</td>
<td>39,640</td>
</tr>
<tr>
<td>8</td>
<td>44,120</td>
</tr>
</tbody>
</table>

For families/households with more than 8 persons, add $4480 for each additional person.
