This resource list is not exhaustive and the information contained here-in, including program information and eligibility criteria, is subject to change without notice. ProMedica does not recommend nor endorse any specific company, agency, or organization listed.
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Alcohol & Substance Abuse Treatment
**ALCOHOL AND DRUG TREATMENT**

**NATIONAL RESOURCES**

**Al-Anon and Al-A-Teen**

1-888-425-2666  
https://al-anon.org/

- Al-Anon meetings are a mutual support group of peers who share their experience in applying the Al-Anon principles to problems related to the effects of a problem drinker in their lives. Local: 419-967-9550

**Alcoholics Anonymous**

800-429-2666  
https://aa.org/pages/en_US/find-aa-resources

- Alcoholics Anonymous (AA) meetings are an international fellowship of men and women who have had a drinking problem. There are no age or education requirements. Membership is open to anyone. Local number 419-625-5995

**STATE RESOURCES**

**Narcotics Anonymous**

https://michigan-na.org/

- Founded to help recovering addicts within the state of Michigan. State wide committee comprised of addicts from within Michigan State regions.

**COUNTY RESOURCES**

**BRANCH COUNTY**

**Alcoholics Anonymous**

517-278-7776  
https://www.aa.org/

23 ½ South Monroe St.  
Coldwater, Michigan 49036

- Alcoholics Anonymous hold meetings for men and women who have had a drinking problem. There are no age or education requirements. Membership is open to anyone.

**CHC Branch Substance Treatment & Referral Services**

517-279-5337  

370 East Chicago St. Suite 400  
Coldwater, Michigan 49036

- A drug rehab facility focusing on substance abuse treatment services. Providing substance abuse treatment with outpatient care. Adolescents or teens and DUI or DWI offenders are supported for drug treatment. Medicaid, state financed payment, private health insurance, and self payment is accepted with sliding fee
scales. Includes ASL or other assistance for the hearing impaired and Spanish language services.

**CHC Branch Teen Substance Abuse** 517-279-5339  
https://www.drug-rehabs.org/rehab-center/CHC-Branch-Teen-Substance-Abuse_Coldwater_MI.htm  
316 East Chicago St.  
Coldwater, Michigan 49036
- Outpatient Drug Rehab, Outpatient Day Treatment or Partial Hospitalization, Anger management, and relapse prevention for teens.

**Damascus Road Ministries/Freedom Recovery Center** 517-278-2255  
http://www.damascusraodmi.org/  
62 Division St.  
Coldwater, Michigan 49036
- Affordable men's halfway house; Open 24/7 -$175 a week. Treatment included for substance abuse, Life Skills, and 12 Step based.

**Monroe Street AFG - Al-anon and Alateen** 888-425-2666  
https://al-anon.org/  
22-1/2 Monroe St.  
Coldwater, Michigan 49036
- Support group meetings for people who are worried about someone in their life with a drinking problem.

**Narcotics Anonymous-Coldwater Group/South Mid-Michigan** 800-230-4085  
https://michigan-na.org/battle-creek-area/  
22 West Pearl St Suite 2  
Coldwater, Michigan 49036
- Support group meetings for those with a narcotic addiction. Call for meeting times.

**HILLSDALE COUNTY**

**Gayle Seeley, LLC** 517-849-2330  
44 South Broad St  
Hillsdale, Michigan 49250
Gayle Seely LLC provides a mixture of mental health and substance abuse treatment services for adult men and women in an outpatient setting, including: behavioral therapy, individual and group counseling, trauma related counseling, family and marital counseling, after care, case management, relapse prevention and anger management.

**Life Challenge of Michigan**

410-437-0077  
[http://www.lifechallengeofmichigan.org/#!/home](http://www.lifechallengeofmichigan.org/#!/home)  
2220 Spring Rd  
Hillsdale, Michigan 49242  
- Offers a 13-month, community based, live-in programs for adults 18 and older struggling with alcohol and substance abuse addictions.

**McCullough, Vargas and Associates**

517-849-2330  
110 Reading Ave.  
Hillsdale, Michigan 49250  
- MVA provides chemical dependency as well as mental health services for children, adolescents, and adults.

**Whole Life Therapy**

517-610-6815  
239 West Carleton Rd.  
Hillsdale, Michigan 49242  
- A community behavioral health agency.

**Hope House for Women - Rehab Services**

517-849-2330  
[https://sobernation.com/listing/hope-house-for-women-jonesville-mi/](https://sobernation.com/listing/hope-house-for-women-jonesville-mi/)  
110 Reading Ave.  
Hillsdale, Michigan 49250  
- Substance abuse rehabilitation (short-term residential, long-term residential); Uses treatment approaches of CBT, substance abuse counseling approach, trauma-related counseling

**JACKSON COUNTY**

**Hand, John S. Ph.D., P.C. & Associates**

517-783-4418  
[https://johnhandassociates.com/](https://johnhandassociates.com/)  
505 Wildwood Ave  
Jackson, Michigan 49201  
- Marriage and family counseling, child psychology, alcoholism and substance abuse, grief counseling, sexual victimization, depression/anxiety, and ADHD. Hypnosis and job stress counselling. Sliding fee scale for patients with no insurance.
Henry Ford Allegiance Addiction Recovery Center
517-205-4001
https://www.henryford.com/locations/allegiance-addiction-recovery-center
2424 West Washington Ave.
Jackson, Michigan 49203
- Intensive outpatient and residential (inpatient) addiction treatment, psychiatric support and consultation.

LifeWays – Jackson
517-439-2641
https://www.lifewayscmh.org/About-LifeWays/Contact
1200 North West Ave
Jackson, Michigan 49202
- Behavioral health services to people of Jackson and Hillsdale counties who have Medicaid, Healthy Michigan, uninsured or underinsured and a severe mental illness, intellectual or developmental disability, or substance abuse disorder, along with crisis services. 24/7 Crisis Hotline 800-284-8288.

Pacific Substance Abuse Assessment & Treatment Services LLC (PSAATS)
517-419-2010
http://www.pacificsubstanceabuse.com/contact-1
3425 Francis St
Jackson, Michigan 49203
- Provide clients with quick, convenient and confidential face-to-face and online substance abuse assessments required by the State for driver’s license restoration. Pacific also provides online treatment programs for clients who need, or are required, to complete substance abuse programming as part of their legal requirements.

Skywood Recovery
844-768-1215
https://skywoodrecovery.com
10499 North 48th St
Augusta, Michigan 49012
- Inpatient, outpatient, and detox treatment for substance abuse and mental health problems.

KALAMAZOO COUNTY

Community Healing Centers
800-338-5444
https://www.communityhealingcenter.org/contact
1910 Shaffer St.
Kalamazoo, Michigan 49048
- Mental health services, addiction treatment, or children’s services.
Integrated Services of Kalamazoo  
(Previously Kal MH & SA) Outpatient Services  
https://iskzoo.org/  
269-373-6000  
615 East Crosstown Pkwy B36  
Kalamazoo, Michigan 49001  

- Shares effective resources that support youth, families, and adults with mental illnesses, intellectual and developmental disabilities, and substance use disorders. 24/7 Hotline

InterAct  
https://www.interactmich.org/contact-us  
269-381-3700  
610 South Burdick St  
Kalamazoo, Michigan 49007  

- Substance abuse (co-occurring disorders) and recovery-based mental health services. Action employment services, assertive community treatment

Kalamazoo Alano Club  
http://kalamazooalanoclub.org/index.php  
269-343-2711  
933 South Burdick St.  
Kalamazoo, Michigan 49001  

- Support group meetings for AA, Narcotics Anonymous, Alanon, Alateen, and Adult Children of Alcoholics.

Meaningful Connections Counseling  
http://www.meaningfulconnectionscounseling.com/  
269-459-9790  
6963 West KL Ave  
Kalamazoo, Michigan 49009  

- Mental health counseling for marriage/couples, infertility/miscarriage, family therapy, children and adolescents, substance abuse evaluations and treatment, acute detoxification, trauma, PTSD, sexual abuse and assault, other mental health disorders and stressors.

Community Mental Health & Substance Abuse Services of St. Joseph  
http://www.stjoecmh.org/  
269-467-1000  
677 East Main St. Suite A  
Centreville, Michigan 49032  

- Assertive community treatment, psychological assessment, community inpatient services, crisis intervention, mental health counseling, case management; All of
the above services are available for: adults and children with developmental disability, Children with SED services, adults with substance abuse (intensive outpatient)
BEHAVIORAL HEALTH

NATIONAL RESOURCES

National Suicide Prevention Hotline 800-273-TALK
www.suicidepreventionlifeline.org 800-273-8255
- Free and confidential support for people in distress; prevention and crisis resources.

The National Alliance of Mental Illness- NAMI 419-732-6264
https://www.nami.org/
- Family oriented support, education and advocacy organization. The goal is to improve the lives of children, adolescents and adults who have mental illness and to support their families.

COUNTY RESOURCES

Hill-Melton, Christine Ed D 517-279-2580
364 Marshall St.
Coldwater, Michigan 49036
- General psychologist that accepts Medicare approved amount as payment in full.

Hope Network (Neuro Rehabilitation) 855-407-7575
https://hopenetwork.org/behavioral-health-services/
265 North Michigan St.
Coldwater, Michigan 49036
- Behavioral health services, addiction services, senior day, residential, social connections, case management, animal assisted therapy, and counseling services, etc.

New Beginnings Psychological Services (All Ages) 517-279-8866
684 West Chicago Rd
Coldwater, Michigan 49036
- Psychologists focus on the evaluation focuses on the evaluation, prevention, diagnosis, and treatment of mental, emotional and behavioral health issues. A clinical psychologist uses psychotherapy and other counseling skills to improve emotional and mental health.
Pines Behavioral Health Services  888-725-7534
https://www.pinesbhs.org/
200 Vista Dr.
Coldwater, Michigan 49036
- Emergency services/mental health crisis hotline. Psychiatric and counseling services for all ages, including substance abuse intervention and prevention.

Semmelroth Mental Health Associates - All Ages  517-279-8123
http://semmelrothmentalhealth.moonfruit.com/
190 South Batavia Rd
Coldwater, Michigan 49036
- Outpatient behavioral health and substance abuse services; Intensive outpatient substance abuse treatment; Individual and group therapy.

Summit Pointe (Open 24 Hours a Day)  517-379-7410
https://www.summitpointe.org/
338 East Garfield Rd
Coldwater, Michigan 49036
- Mental health emergency services/crisis prevention; substance abuse treatment including a 24/7 Recovery Center is available. Autism services and behavioral health treatment for all ages. Case management to promote independent living, including employment and housing help.

Behavioral Healthcare, P.C.  269-969-6108
https://mimood.com/
300 County Pine Lane
Battle Creek, Michigan 49015
- Psychiatric counseling and therapy provided for depression, anxiety, phobias, grief, anger, stress, bipolar disorder, OCD, Fibromyalgia, SAD, PDD, etc.

Christian Counseling Center of Battle Creek  269-979-8119
https://www.christiancounselingbc.net/contact
4625 Beckley Rd. Building 300
Battle Creek, Michigan 49015
- Faith based organization where the goal is to provide professional mental health services to all regardless of race, creed, denomination, or financial status. Services include marital counseling, AD/HD, substance abuse, eating disorder, sexual abuse, guilt, etc. Many insurances can be billed and a sliding fee scale is available for qualified individuals and families.
**Comforts of Home Counseling & Care Management**  
269-964-0153  
[https://www.comfortsofhomecounseling.com/contact-and-directions/](https://www.comfortsofhomecounseling.com/contact-and-directions/)  
391 South Shore Dr.  
Battle Creek, Michigan 49014  
- Individuals/couples/family/child/adolescent counseling and therapy, specialized services for hypnotherapy, insomnia, chronic pain; senior services.

**Family and Children’s Services - Battle Creek**  
269-965-3247  
[https://www.fcsource.org/](https://www.fcsource.org/)  
778 West Columbia Ave  
Battle Creek, Michigan 49015  
- Offers a continuum of behavioral health, child welfare and crisis services as one organization

**LifeWays - Hillsdale County**  
517-439-2641  
[https://www.lifewayscmh.org/](https://www.lifewayscmh.org/)  
25 Care Dr.  
Hillsdale, Michigan 49242  
- Behavioral health services to people with severe mental illness, intellectual or developmental disability, or substance abuse, along with crisis services.

**Segue Inc.**  
517-437-0117  
[https://www.segueinc.org/](https://www.segueinc.org/)  
3200 West Carleton Rd.  
Hillsdale, Michigan 49242  
- Assertive Community Treatment, psychological assessment, FPE, CPSS, IDDT, community outpatient services, mental health counseling, case management; All of the above services are available for: adults and children with developmental disability

**A Healing Place**  
517-998-4673  
207/209 First St  
Jackson, Michigan 49203  
- Counseling for all ages provided for depression, mood & anxiety disorders, eating disorders, abuse/neglect issues, trauma, grief/loss, OCD, self-esteem issues, personality disorders, ADHD/Conduct Disorder, etc.
**Integro, LLC.**

http://integroservicesmi.com/contact-us/

1200 North West Ave. Suite 300
Jackson, Michigan 49203

- Outpatient and home-based behavioral health services for various issues such as ADHD, addiction treatment, pain management, depression, anxiety, mood disorders, etc.

**Family and Children’s Services – Kalamazoo**

https://www.fcsource.org/

1608 Lake St.
Kalamazoo, Michigan 49001

- Offers a continuum of behavioral health, child welfare and crisis services.

**Integrated Behavioral Health**

http://ibhps.com/

5320 Holliday Terrace, Suite 3
Kalamazoo, Michigan 49009

- Counseling and therapy services using evidence-based intervention methods for telemedicine, talk therapy, testing and assessment, parenting support, insomnia, hypnotherapy, OT, and art therapy.

**Kalamazoo Counseling Connection**

https://www.kcconnection.org/

225 West Walnut St.
Kalamazoo, Michigan 49007

- Behavioral testing and treatment for a wide variety of issues such as abuse, ADHD, addiction treatment, pain management, depression, anxiety, mood disorders, domestic violence, marital counseling, etc.

**Kalamazoo TMS & Behavioral Health**

https://www.kzootms.com/

5390 Lovers Lane, 3rd Floor
Portage, Michigan 49002

- Treatment for a broad spectrum of psychiatric issues, with a special interest in areas such as women’s behavioral health, psychodermatology, and psychosomatic medicine.

**Pine Rest Christian Mental Health Services**

https://www.pinerest.org/locations/southwest-michigan/kalamazoo/

1530 Nichols Rd.
Kalamazoo, Michigan 49006
• Inpatient, residential and outpatient behavioral health and substance abuse services, crisis response, teletherapy, psych urgent care, depression and mood disorders, addiction treatment, intensive outpatient substance abuse treatment; forensic psych services.

**Southwest Michigan Behavioral Health** 800-676-0423

[https://www.swmbh.org/](https://www.swmbh.org/)

5250 Lovers Lane Suite 200

Portage, Michigan 49002

• Mental health services to adults with severe and persistent mental illness, children with severe emotional disturbance, individuals with developmental disabilities, and individuals with substance use disorders. 24-hour crisis line: 800-675-7148

**Psychological Services of Southwest Michigan** 269-651-3902


103 South Fourth St

Sturgis, Michigan 49091

• Complete mental health services including, individual counseling, group psychotherapy, marital/couple and family counseling, parenting and child management assistance, hypnotherapy, biofeedback, treatment of addiction, and psychological monitoring of medical treatment/condition
CHILD CARE ASSISTANCE

Department of Health and Human Services-Branch County 517-279-4200
https://www.michigan.gov/mdhhs
388 Keith Wilhelm Dr.
Coldwater, Michigan 49036
- State funded services, including Medicaid insurance, emergency financial assistance, food assistance, adult, senior, and children's services, cash assistance, and child care benefits.

Department of Health and Human Services- Calhoun County 269-966-1284
https://www.michigan.gov/mdhhs
190 East Michigan Ave
Battle Creek, Michigan 49016
- State funded services, including Medicaid insurance, emergency financial assistance, food assistance, adult, senior, and children's services, cash assistance, and child care benefits

Department of Health and Human Services-Jackson County 517-780-7400
https://www.michigan.gov/mdhhs
301 East Louis Glick Hwy
Jackson, Michigan 49201
- State funded services, including Medicaid insurance, emergency financial assistance, food assistance, adult and children's services, cash assistance, and child care benefits.

Southwest Michigan Child Care Resources 269-349-3269
https://www.ccr4kids.org/home
5250 Lovers Lane
Portage, Michigan 49002
- Promote community resources to providers as well as families related to childcare including: referrals, training, education and advocacy

Department of Health and Human Services-Kalamazoo County 269-337-4900
https://www.michigan.gov/mdhhs
322 East Stockbridge Ave.
Kalamazoo, Michigan 49001
- State funded services, including Medicaid insurance, emergency financial assistance, food assistance, adult, senior, and children's services, cash assistance, and child care benefits
State funded services, including Medicaid insurance, emergency financial assistance, food assistance, adult, senior, and children's services, cash assistance, and child care benefits
EDUCATION

General Equivalency Diploma (GED) Resources
https://ged.com/policies/michigan-2/
- Michigan uses multiple High School Equivalency testing. Process is fully computerized with on-paper and on-computer.

Learning Express- Michigan eLibrary
https://mel.org/welcome
- Study guides and practice exams for GED, ACT, AVSAB, and others. K-12 online resources available as well.

Branch County Adult Education/ Coldwater Adult Education 269-580-6399
https://www.nld.org/branch- -adult-education-program?student=1
275 North Fremont St
Coldwater, Michigan 49036
- Provides essential education for families and adults including ESL, computer education, citizenship classes, and literacy.

Branch ISD - Adult Education 517-279-5730
https://branch-isd.org/ged/
370 Morse St.
Coldwater, Michigan 49036
- Provides adult education classes including GED and ESL.

Branch ISD - Head Start 517-279-5830
https://branch-isd.org/earlyed/head-start-great-start-preschool/
200 Bishop Ave
Coldwater, Michigan 49036
- Head Start is a federal program that promotes the school readiness of children ages three to five from low-income families by enhancing their cognitive, social, and emotional development. Head Start programs provide a learning environment that supports child development.

Kalamazoo Public Schools-Community Education Adult Education 269-337-0446
https://www.ed2go.com/kpscomed/
1220 Howard St
Kalamazoo, Michigan 49008
• Adult education/literacy, job training, computer science education, business courses, arts and design, etc.

**Kalamazoo Regional Educational Service Agency** 269-250-9200
[https://www.kresa.org/](https://www.kresa.org/)
1819 East Milham Ave
Portage, Michigan 49002

• Tools and resources for learning for parents, teachers, and anyone else needing continuity of learning from home.

**Michigan State University Extension (Nutrition/4H Education)** 517-279-4311
[https://www.canr.msu.edu/outreach/](https://www.canr.msu.edu/outreach/)
570 Marshall Rd. Suite C
Coldwater, Michigan 49036

• Provide tools related to Agriculture, Business & Community Development, Family, Food & Health, Lawn & Garden, Natural Resources and 4-H & Youth

**SLD Read** 269-345-2661
[https://www.sldread.org/](https://www.sldread.org/)
5250 Lovers Lane
Kalamazoo, Michigan 49002

• Tutoring services, professional development/coaching, and community workshops aimed at help dyslexia and speech language development.

**YMCA of Greater Kalamazoo - Lincoln Elementary** 269-345-9845
[https://www.kzooymca.org/](https://www.kzooymca.org/)
120 Roberson St
Kalamazoo, Michigan 49007

• Youth development programs.
Employment & Job Training
EMPLOYMENT/JOB TRAINING

National Rehabilitation Information Center 1-800-346-2742
www.NARIC.com
- Online database of disability resources including employment, financial assistance, health information, mental health, legal assistance, and more.

Online Job Board- Indeed
www.indeed.com
- Online job posting sites for a variety of employers.

Michigan Works -Southwest 517-278-0200
http://www.michiganworkssouthwest.org/
210 Vista Dr.
Coldwater, Michigan 49036
- Training opportunities include on-the-job training with local employers, skills upgrading, and occupational skills training

Kellogg Community College 269-965-4137
http://www.kellogg.edu/business-industry/rmtc/
405 Hill Brady Rd
Battle Creek, Michigan 49015
- Job training programs on a walk-in basis or can be scheduled to meet production and service schedules.

Michigan Works – Southeast 517-437-3381
https://www.michiganworks.org/agencies/find/
21 Care Dr.
Hillsdale, Michigan 49242
- Job opportunities, training opportunities, skills upgrading, and occupational skills training.

AARP Foundation Senior Employment (Phone support only) 734-281-2470
704 South Westnedge Ave.
Kalamazoo, Michigan 49007
- Senior employment opportunities.

Goodwill Industries of Southwest Michigan 269-382-0490
https://goodwillswmi.org/
420 East Alcott St
Kalamazoo, Michigan 49001
- Job training programs - forklift certification, computer education, GED, adult learning and literacy programs, job development.
Financial Assistance
FINANCIAL ASSISTANCE

NATIONAL

AARP
https://states.aarp.org/ohio/
- Education and discounted programs for seniors.

Access for AT&T
https://m.att.com/shopmobile/internet/access/
- AT&T is offering low-cost wireline home Internet service to qualifying households: with at least one resident who participates in the SNAP, with an address in AT&T’s 21-state service area, at which we offer wireline home Internet service, and, without outstanding debt for AT&T fixed Internet service within the last six months or outstanding debt incurred under this program.

Association for Child Support Enforcement (ACES)
- Assists disadvantaged children affected by parents who fail to meet their legal, moral and financial obligations to support them (assistance with obtaining legal child support).

Consumer Credit Counseling
https://www.glcap.org/
- Budgeting education and debt services.

Government Jobs- Veteran’s Administration
www.va.gov/jobs
- Job opportunities for veterans
Food Assistance
FOOD ASSISTANCE

Meals on Wheels
https://www.mealsonwheelsamerica.org/
- Home delivered meals for qualifying individuals.

Food Assistance Program (FAP) Group
https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527---,00.html
- Food access for low-income families who are eligible.

Senior Project FRESH/Market FRESH
https://www.michigan.gov/osa/0,4635,7-234-64083_43343---,00.html
- Provides summer coupons to seniors 60+ for fresh produce bought at farm/roadside stands. Income requirements.

Bronson Park Food Pantry
https://www.caajlh.org/
212 South Park St.
Bronson, Michigan 49028
- Food pantry open Mon-Fri, 1-3 p.m.

Area Agency on Aging, Region 3C-Branch
and St. Joseph County
http://www.bhsj.org/aaa
570 North Michigan Ave
Coldwater, Michigan 49036
- Programs for seniors over the age of 60 include home delivered meals, Community Living Program, Medicare Waiver Program, insurance assistance, guardianship, abuse reporting, and other senior supports.

Branch Area Food Pantry
https://branchareafoodpantry.com/
22 Pierson St.
Coldwater, Michigan 49036
- Drive through food pantry Tuesdays, 10 a.m. - 2 p.m.

Coldwater Church of Christ - Senior Meals
https://coldwatercoc.com/
360 Grand St
Coldwater, Michigan 49036
- Meals for Seniors 60+ Monday, Tuesday, Thursday and Friday from 11:30 a.m. - 12:30 p.m.
Dept. of Health and Human Services - Branch County 517-279-4200
https://www.michigan.gov/mdhhs/
388 Keith Wilhelm Dr
Coldwater, Michigan 49036
- Temporary food assistance for eligible low-income families and individuals is available from the U.S. Department of Agriculture.

Community Action Agency - Battle Creek 877-422-2726
175 Main St
Battle Creek, Michigan 49014
- Food pantry and assistance.

Community Action Agency – Albion 877-422-2726
101 North Albion St.
Albion, Michigan 49224
- Food pantry and assistance.

WIC - Calhoun County 269-969-6860
190 East Michigan Ave
Battle Creek, Michigan 49014
- Food assistance for women with children up to the age of 5.

Meals on Wheels of SW Michigan-Calhoun & Kalamazoo 800-323-0390
www.snsmeals.org
60525 Decatur Dr.
Cassopolis, Michigan 49037
- Home delivered meals for seniors and the disabled in Calhoun and Kalamazoo Counties.

WIC - Community Health Building -Hillsdale County 517-437-7395
20 Care Dr. Suite D
Hillsdale, Michigan 49242
- Food assistance for women with children up to the age of 5.

El Bethel Church - Father's Food Pantry 517-557-8576
www.el-bethel-church.com
1661 Hudson Rd.
Hillsdale, Michigan 49242
- Food pantry Wednesdays 10-3 p.m., closed 12-1 p.m.

Hillsdale Baptist Church - Food Pantry 517-439-9711
https://www.caascm.org/
2211 East Bacon St.
Hillsdale, Michigan 49242
- Food pantry Tuesday 9-11 a.m. - proof of residence required
**Hillsdale County Senior Services**  
517-437-2422  
320 West Bacon St  
Hillsdale, Michigan 49242  
- Food assistance and meals for seniors - fee may apply.

**Michigan Dept. of Military & Veteran's Affairs**  
517-437-3630  
61 McCollum Courthouse Room 200  
Hillsdale, Michigan 49242  
- Food assistance for veterans and their families.

**St. Anthony’s Church - Bread Food Pantry**  
517-437-3305  
https://ap.church/ministries/outreach/  
11 North Broad St.  
Hillsdale, Michigan 49242  
- Food pantry Tuesday and Thursday, 9 a.m.- noon; Saturdays, 10 a.m.- noon

**The Salvation Army of Hillsdale**  
517-437-4240  
https://centralusa.salvationarmy.org/hillsdale  
160 East Bacon St  
Hillsdale, Michigan 49242  
- Fresh food distribution is every Tuesday from 9:30-11:30 a.m.  Community lunch is served Tuesday- Friday from 11:30 a.m.- 1 p.m.  Emergency funds for utilities and rent are also available.  Special occasion food/gift baskets, toys for Christmas, and school needs are offered as well.

**Trinity Lutheran Church - King’s Kupboard Food Pantry**  
517-437-2647  
https://www.homelessnesshelterdirectory.org/cgi-bin/id/shelter.cgi?shelter=13161  
69 Griswold St.  
Hillsdale, Michigan 49242  
- Food pantry drive thru.  Monday and Friday 3:30-5:20 p.m., Wednesday 6-7:50 p.m. (May-September).  Monday, Wednesday and Friday 3:30-5:20 p.m. (October-April)

**Hillsdale Assembly of God - Hands of Mercy Food Pantry**  
517-849-0102  
www.hillsdaleaog.org  
4075 Beck Rd  
Jonesville, Michigan 49250  
- Food pantry Monday, Tuesday, Thursday and Friday 10 a.m.- 1 p.m.; Wednesday 7-8 p.m.

**Jackson Department on Aging – TRIAD**  
517-788-4364  
www.co.jackson.mi.us/619  
1715 Lansing Ave.  
Jackson, Michigan 49202
Senior centers, meals on wheels, congregate meals, chore services, transportation and home health.

**Bronson Park Food Pantry-Loaves & Fishes-First United**  269-343-1978  
**Methodist Church of Kalamazoo**  
[http://kzoolf.org/](http://kzoolf.org/)  
901 Portage St  
Kalamazoo, Michigan 49001  
- Food pantry open Monday-Friday, 1-3 p.m. Call Kalamazoo Loaves & Fishes for a referral 269-343-3663

**Senior Services of Southwest Michigan**  269-382-0515  
[www.seniorservices1.org](http://www.seniorservices1.org)  
918 Jasper St.  
Kalamazoo, Michigan 49001  
- Senior services related to home repair, health, behavioral health and other services

**St. Joseph County Commission on Aging**  800-641-9899  
306 North Franks Ave  
Sturgis, Michigan 49091  
- Services for seniors 60+ include home delivered and congregate meals, home care, Medicare/Medicaid assistance, home repair, counseling, chore services. There are also 2 senior centers with various social programming and daily meals.
Health Services
HEALTH SERVICES

NATIONAL

Healthcare Marketplace 800-318-2596
www.healthcare.gov/marketplace
- Government subsidized health Insurance for uninsured Americans - cost is based on income.

Medicaid Consumer Hotline 800-324-8680
https://medicaid.ohio.gov/CONTACT
- Medicaid sponsored contacts for applications, cards, and non-emergency transportation.

Medicare Part D Drug Plan
www.medicare.gov
- Medicare sponsored contacts to answer Part D (Drug) Plan questions.

National Council on Aging - "Benefits Check-Up"
https://www.benefitscheckup.org/about-us/
- Resources for seniors related to health care, SNAP and economic security.

National Rehabilitation Information Center 800-346-2742
https://naric.com/
- NARIC collects, catalogs, and disseminates the articles, reports, curricula, guides, and other publications and products of the research projects related to disability and independent living.

Needy Meds (Patient Pharmaceutical Assistance Program) 800-503-6897
https://www.needymeds.org/
- Assistance with obtaining necessary prescription medication.

PPARx (Patient Pharmaceutical Assistance Program)
https://www.pparx.org
- Assistance with obtaining necessary prescription medication.

Rx Assist (Patient Pharmaceutical Assistance Program)
https://www.rxassist.org
• Assistance with obtaining necessary prescription medication.

The Healthwell Foundation 800-675-8416
www.healthwellfoundation.org
• Helps individuals with health insurance pay their out-of-pocket costs for prescribed medications that treat certain diagnoses/diseases. For a list of approved diagnoses/disease, call directly or refer to the website.

The Patient Access Network (PAN) Foundation www.panfoundation.org
• Determine your eligibility for medication co-pay, insurance premium or travel assistance using online tools.

MICHIGAN – STATE RESOURCES

Donated Dental Services 517-346-9454
https://www.smilemichigan.com/resources/michigan-donated-dental-services/
• Dental services donated by different dental practices around the state. Eligibility requirements include 65 or older, disability, medical condition, no dental insurance, and income 200% FPL or lower. Call for an application.

COUNTY RESOURCES

Community Health Agency - Branch County 517-279-9561
http://www.bhsj.org/
570 Marshall Rd
Coldwater, Michigan 49036
• Health Department services include immunizations, STD/HIV testing, children’s special healthcare services, and health education.

My Community Dental Centers - Branch County 517-278-7269
https://www.mydental.org/
382 East Chicago St
Coldwater, Michigan 49036
• Dental center accepting Medicaid and low-income patients - sliding fee scale based on income.
ProMedica Coldwater Regional Hospital  517-279-5246
274 East Chicago St
Coldwater, Michigan 49036
- Full-service hospital and testing, including behavioral health services, surgical center, cancer, orthopedics, and women's health.

Fountain Medical Clinic  269-781-0952
https://www.fountainclinic.org/
111 North Jefferson St, Suite 1
Marshall, Michigan 49068
- Health care, testing and dental services for low-income families. Sliding scale fees.

Community Health Agency - Hillsdale County  517-437-7395
http://www.bhsj.org/
20 Care Dr.
Hillsdale, Michigan 49242
- Health Department services include immunizations, STD/HIV testing, children’s special healthcare services, and health education.

My Community Dental Centers - Hillsdale County  517-437-2654
https://www.mydental.org/
20 Care Dr. Suite D
Hillsdale, Michigan 49242
- Dental center accepting Medicaid and low income patients - sliding fee scale based on income.

St. Peters Free Clinic  517-437-4041
http://stpetersfreeclinic.org/
3 North Broad St
Hillsdale, Michigan 49242
- Provides health care services, prescription drug assistance and health education for low-income residents of Hillsdale County without insurance or inadequate coverage.

Community AIDS Resource and Education Services of Southwest Michigan  269-381-2437
http://www.caresswm.org/
629 Pioneer St. Suite 200
Kalamazoo, Michigan 49008
- HIV prevention, education, treatment, health services, and case management.

Community Health Agency - St. Joseph County
http://www.bhsj.org/
1110 Hill St
Three Rivers, Michigan 49093
- Health Department services include immunizations, STD/HIV testing, children’s special healthcare services, and health education.
HOUSING ASSISTANCE

Altrusa Teen Share - Homeless Shelter  517-278-5094
https://278safe.com/altrusa-teen-share/
145 East State St.
Coldwater, Michigan 49036
• Homeless shelter for teens. Case management is provided, as well as counseling.

Bronson Housing Commission  517-369-6265
http://bronsonhc.com/
318 South Ruggles St.
Bronson, Michigan 49028
• Assists low-income families in Bronson, Michigan area with safe, decent, and affordable housing opportunities

Bronson Senior Apartments  517-369-1306
https://www.apartmentfinder.com/Michigan/Bronson-Apartments/Bronson-Senior-Apartments
435 Wayne St
Bronson, Michigan 49028
• Subsidized Senior apartments. Age and income restrictions apply.

Coldwater Housing Commission  517-278-2660
http://www.coldwaterhousingcommission.com/
60 Clay St.
Coldwater, Michigan 49036
• Assists low-income families in Coldwater, Michigan area with safe, decent, and affordable housing opportunities

Country Knoll Apartments (Disabled and Senior Housing)  517-279-9111
http://www.coldwaterhousingcommission.com/
225 Smith St.
Coldwater, Michigan 49036
• Apartments for people ages 62 and older or disabled of any age.

Englewood Apartments (Subsidized Senior Housing)  517-278-2660
60 Clay St
Coldwater, Michigan 49036
• Handicap accessible and 1-bedroom apartments. Rent is based on income.

Family Promise of Branch County  517-278-0928
https://www.facebook.com/pg/FamilyPromiseBranchCo/about/?ref=page_internal
63 W. Clay St.
Coldwater, Michigan 49036
- Provides emergency housing, case management, and child care support.

Meadow View Senior Apartments 517-279-2940
https://meadowviewassisted.com/
60 Farm Lane
Coldwater, Michigan 49036
- Apartments for people ages 62 and older or disabled of any age.

Tibbits Greene Senior Living Apartments 517-278-2604
124 Northshore Dr.
Coldwater, Michigan 49036
- Apartments for people ages 55 and older, rent based on income.

USDA Rural Development Office- Branch, Calhoun, Kalamazoo, and St. Joseph Counties 269-657-7055
https://www.rd.usda.gov/topics/buy-build-or-repair-home
1035 East Michigan Ave.
Paw Paw, Michigan 49079
- Single-family loan offered to purchase or rehabilitate a property in a rural area. Income and property eligibility restrictions. 

Volunteers of America Michigan - Branch, 877-509-8387
Barry and Calhoun Counties
2 West Michigan Suite 206
Battle Creek, Michigan 49017
https://www.voami.org/
- Provides services for homelessness, food insecurity, veteran housing, senior housing and more.

Housing Resources, Inc.
https://www.housingresourcesinc.org/
420 East Alcott St. Suite 200
Kalamazoo, Michigan 49001
- Provides housing assistance and works to prevent homelessness for socially or economically vulnerable persons in Kalamazoo County
INTIMATE PARTNER VIOLENCE/SAFETY SERVICES

National Domestic Violence Hotline 800-799-7233
https://www.thehotline.org/
- Provides 24-hour, short-term crisis intervention, referral services, and support to victims of domestic violence.

Branch Coalition Against Domestic and Sexual Violence 517-278-7233
http://www.278safe.com/
220 North Michigan Ave
Coldwater, Michigan 49036
- Domestic violence services include a 24/7 crisis hotline, legal advocacy and case management, support groups, education and empowerment services for school and teenage girls, and support groups for survivors.

Laura's Place Transitional Housing 517-278-7233
https://278safe.com/lauras-place/
- Transitional housing for women experiencing domestic or sexual violence. Case management services are included.

Naomi Davis Shelter House 517-278-7233
https://278safe.com/the-naomi-davis-shelterhouse/
220 North Michigan Ave
Coldwater, Michigan 49036
- Emergency shelter for males and females escaping domestic violence. Case management, legal advocacy, and a crisis hotline are offered services.

SAFE Place Shelter/Programs 269-965-6083
http://www.safeplaceshelter.org/what-we-do.html
P.O. Box 199
Battle Creek, Michigan 49016
- Homeless shelter and case management services for victims of domestic or sexual violence. Counseling and legal support is offered to shelter and walk-in clients.

Aware, Inc. 517-783-1638
www.awareshelter.org
706 West Michigan Ave,
Jackson, Michigan 49201
- Short-term, emergency housing for victims of domestic or sexual violence. Case management services help clients stabilize their safety, housing, transportation, and financial situation. A crisis hotline, advocacy, counseling, and kids programming are also available.
YWCA of Kalamazoo 269-345-5595
http://ywcakalamazoo.org/
353 East Michigan Ave.
Kalamazoo, Michigan 49007
- Emergency shelter and hotline for victims of domestic or sexual violence. Other services include childcare, parent and prenatal education, community advocacy and education.

Domestic and Sexual Abuse Services 269-279-5122
https://www.dasasmi.org/
P.O. Box 402
Three Rivers, Michigan 49093
- Essential services for survivors of domestic and sexual violence including advocacy, legal assistance for PPOs, education, counseling, and a crisis hotline 800-828-2023.

Hillmann House Shelter 800-828-2023
https://www.dasasmi.org/emergency-shelter
Legal Assistance
LEGAL ASSISTANCE

MICHIGAN

Michigan Family Legal Aid – Coldwater  517-278-7432
220 North Michigan Ave
Coldwater, Michigan 49036
- Legal aid and pro bono services for domestic or sexual violence

Legal Services of South-Central Michigan  269-965-3951
Branch and Calhoun County
https://lsscm.org/
123 West Territorial Rd
Battle Creek, Michigan 49015
- Free legal advice and services for low-income individuals, families and older adults. No criminal cases handled.

Michigan Indian Legal Service  800-968-6877
https://www.mils3.org/
814 South Garfield Ave, Suite A
Traverse City, Michigan 49686
- Provides legal services statewide to income eligible individuals and Tribes, and advocates for rights of individuals and tribal families.

Friend of the Court - Hillsdale County  517-437-4111
https://www.focamichigan.org/find-foc-office/97-hillsdale-county-friend-of-the-court#:~:text=The%20purpose%20of%20the%20Friend%20of%20the%20Court,do
mestic%20relations%20problems%20in%20the%20state%20of%20Michigan.
15 Care Dr.
Hillsdale, Michigan 49242
- Provide and maintain standards of efficiency for domestic relations disagreements. Seeks to support children and families during domestic relations disputes.

Elder Law of Michigan  866-400-9164
https://www.elderlawofmi.org/
3815 West St. Joseph St Suite C-200
Lansing, Michigan 48917

- To advocate for, educate, and assist the Senior population. Provides counseling to seniors regarding their benefits, pension, healthcare, etc.

**Lawyer Referral Service in Michigan** 800-968-0738
[https://www.lawyerlegion.com/lawyer-referral-directory/michigan/](https://www.lawyerlegion.com/lawyer-referral-directory/michigan/)
306 Townsend St.
Lansing, Michigan 48933
- Lawyer referral services for the state of Michigan. 30-minute consultation will cost less than $20.

**Michigan Department of Civil Rights** 800-482-3604
[https://www.michigan.gov/mdcr](https://www.michigan.gov/mdcr)
110 West Michigan Suite 800
Lansing, Michigan 48913
- Enforce civil rights, fair housing laws, and provide training.

**Michigan Long-Term Care Ombudsman** 866-485-9393
[https://mltcp.org/](https://mltcp.org/)
15851 South US 27 Suite 73
Lansing, Michigan 48906
- Ombudsmen advocate for the resident in the long-term care facilities.

**Legal Services of South-Central Michigan** 517-787-6111
Jackson and Hillsdale County
[https://lsscm.org/](https://lsscm.org/)
540 North Jackson St.
Jackson, Michigan 49201
- Free legal advice and services for low-income individuals, families and older adults. No criminal cases handled.

**Legal Aid of Western Michigan- Cass, Kalamazoo** 269-344-8113
St. Joseph, and Van Buren Counties
Free legal service for income eligible people. Services include family law, housing, benefits, tax, education, consumer matters, and individual rights. No criminal cases handled.
Social Connections
SOCIAL CONNECTIONS

COVIA Well Connected 877-797-7299
[www.covia.org/services/covia-connections/]
- A community of older adults throughout the United States meeting via phone or web conference for a variety of groups.

The Burnside Center 517-279-9561
[https://www.burnsidecenter.com/]
570 North Marshall Rd
Coldwater, Michigan 49036
- Services for older adults so they may enjoy maximum health, well-being and independence. Services include daily center activities, chore help, kinship care, medical transportation, insurance help, and in-home services.

Hillsdale Drop-in Center 517-439-9730
[www.dropincenters.org]
64 Hillsdale St.
Hillsdale, Michigan 49242
- Peer support, art, and recovery services are offered. These include social connections, housing information, recovery support groups, fun and social activities, and employment assistance.

Perennial Park Senior Services Center 517-437-2422
[www.hillsdaleseniors.org]
320 West Bacon St
Hillsdale, Michigan 49242
- Senior center with congregate meals, Silver Sneakers, kinship program, medical equipment loans, Medicare information, legal services, transportation to medical appointments, Meals on Wheels, home care assistance, and respite/adult day activities.

Douglass Community Association 269-343-6185
[https://www.dca.kalamazoo.com/]
1000 West Paterson St.
Kalamazoo, Michigan 49007
- Youth development programs and support groups, sport activities, and meal programs (during the summer). Adult programs include social justice programs, socialization groups, food distribution site, employment through Michigan Works, and a diaper bank.
Transportation Assistance
TRANSPORTATION

NATIONAL

Angel Wheels
http://mercymedical.org/request-assistance/

- Transportation assistance in the form of gas cards, bus tickets, or train tickets to medical appointments that are out of the county, but less than 300 miles away. Apply for assistance online, financial restrictions apply.

MICHIGAN – STATE RESOURCES

Aetna Better Health of Michigan- Medical Cabs 800-947-2133
https://www.aetnabetterhealth.com/michigan/members/

- Medicaid medical transportation

Blue Cross Complete of Michigan - Medical Cabs 888-803-4947
https://www.mibluecrosscomplete.com/

- Medicaid medical transportation.

Ford Warriors In Pink 833-546-7433
https://www.warriorsinpink.ford.com/charity

- Transportation to medical appointments and financial assistance for daily expenses provided to people undergoing breast cancer treatment.

McLaren Health Plan - Medical Cabs 888-327-0671
https://www.mclarenhealthplan.org/medicaid-consumer/services-mhp

- Medicaid medical transportation

Meridian Health Plan- Medical Cabs 888-437-0606
https://corp.mhplan.com/ContentDocuments/default.aspx?x=HAhzUMvFwRqyVbHerBsTQpgRRDbJGXD77mhY87J83VN7xKVXd7adTPVmLMjzSGsDz/1AAgS1LdnJVL1reiA==

- Medicaid medical transportation

Molina Healthcare of Michigan- Medical Cabs 888-898-7969

- Medicaid medical transportation
Priority Health- Medical Cabs 888-975-8102
https://www.priorityhealth.com/michigan-medicaid/member/plan/transportation-services
• Medicaid medical transportation

UnitedHealthcare- Medical Cabs 877-892-3995
https://www.uhccommunityplan.com/mi/medicaid/community-plan/faq
• Medicaid medical transportation

COUNTY RESOURCES

Branch Area Transit Authority (BATA) 517-278-5889
https://www.branchareatransit.com/
306 South Clay St
Coldwater, Michigan 49036
• Standard bus transportation, half fares for seniors, children, and handicapped persons.

Veteran’s Transportation 888-214-1247
https://www.va.gov/healthbenefits/vtp/map.asp
5500 Armstrong Rd
Battle Creek, Michigan 49037
• Transportation to medical appointments for qualifying veterans.

Hillsdale Dial-A-Ride Transportation (DART) 517-437-6446
https://www.cityofhillsdale.org/dart
97 Broad St.
Hillsdale, Michigan 49242
• Transportation within Hillsdale city limits. Available for all to use, discounted cost for seniors and handicapped persons.

Catholic Charities of Jackson, Lenawee and Hillsdale Counties 517-782-2551
www.CatholicCharitiesJLHC.com
3425 Francis St.
Jackson, Michigan 49203
• Senior transportation, child advocacy/adoption/foster programs, and counseling is available.

Jackson Area Transportation Authority 517-797-8363
www.jacksontransit.com
2350 East High St.
Jackson, Michigan 49203
• Bus service for Jackson County - discounted for Seniors and Handicapped persons
**Federal Poverty Guidelines - Annual**

<table>
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<th>Family Size</th>
<th>100%</th>
<th>125%</th>
<th>133%</th>
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For families/households with more than 8 persons, add $4,540 for each additional person.

**Federal Poverty Guidelines - Monthly**

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<th>Family Size</th>
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For families/households with more than 8 persons, add $379 for each additional person.