This resource list is not exhaustive and the information contained here-in, including program information and eligibility criteria, is subject to change without notice. ProMedica does not recommend nor endorse any specific company, agency, or organization listed.
# TABLE OF CONTENTS

ALCOHOL & SUBSTANCE ABUSE TREATMENT ........................................................................ 4  
BEHAVIORAL HEALTH ........................................................................................................ 7  
CHILDCARE ASSISTANCE .................................................................................................. 11  
EDUCATIONAL ASSISTANCE ........................................................................................... 13  
EMPLOYMENT & JOB TRAINING ....................................................................................... 16  
FINANCIAL RESOURCES .................................................................................................. 19  
FOOD ASSISTANCE ........................................................................................................... 25  
HEALTH SERVICES .............................................................................................................. 31  
NATIONAL RESOURCES .................................................................................................... 31  
HOUSING ASSISTANCE ....................................................................................................... 35  
INTIMATE PARTNER VIOLENCE & SAFETY SERVICES ......................................................... 38  
LEGAL ASSISTANCE ........................................................................................................... 40  
SOCIAL CONNECTIONS ...................................................................................................... 44  
TRANSPORTATION ............................................................................................................ 47
Alcohol & Substance Abuse Treatment
ALCOHOL & SUBSTANCE ABUSE TREATMENT

NATIONAL RESOURCES

Al-Anon and Al-A-Teen 1-888-425-2666
https://al-anon.org/
- Al-Anon meetings are a mutual support group of peers who share their experience in applying the Al-Anon principles to problems related to the effects of a problem drinker in their lives.

Alcoholics Anonymous
https://aa.org/
- Alcoholics Anonymous holds meetings for men and women who have a drinking problem. Membership is open to anyone.

Narcotics Anonymous
- A nonprofit support group (fellowship or society) of men and women for whom drugs had become a major problem. Recovering addicts who meet regularly to help each other stay clean.

MICHIGAN - STATE RESOURCES

Alcoholics Anonymous (AA) - Lenawee 517-265-3590
https://michigan-na.org/
- Support fellowship for men and women with a drinking problem.

Narcotics Anonymous
https://www.michigan-na.org/
- Founded to help recovering addicts within the State of Michigan, through group meetings and other support.

LENAWEE COUNTY

Insight Counseling of Tecumseh, LLC 517-424-5438
106 South Maumee St
Tecumseh, Michigan 49286
Focuses on substance abuse treatment for outpatient program. Offers family therapy, trauma therapy, and group therapy. Accepts Medicare, Medicaid private health insurance, and self-pay on a sliding fee scale.
**Neighbors of Hope (Men’s Ministry)**

517-265-4019  
http://neighborsofhope.com/  
227 Riverside Ave  
Adrian, Michigan 49221  
- Offers the Life Change Program, helping men overcome addiction and become a good neighbor. Also provides Graduate Program Services to help those who have completed Life Change to avoid relapse.

**Recovery Road**

517-265-9595  
https://www.facebook.com/Recovery-Road-747484955360972  
142 East Maumee St. Suite 5  
Adrian, Michigan 49221  
- Provides services and programs such as on-site drug screening, Domestic Violence Program for Perpetrators, Anger Management, addiction treatment and mental health counseling.

**Serenity House of Lenawee**

517-263-1017  
600 Gulf St.  
Adrian, Michigan 49221  
- Provides a safe environment for persons who seek recovery from alcohol and drugs. Also offers 12 step meetings.
Behavioral Health
BEHAVIORAL HEALTH

NATIONAL RESOURCES

The National Alliance of Mental Illness - NAMI  
https://www.nami.org/  
- Family oriented support, education and advocacy organization. The goal is to improve the lives of children, adolescents and adults who have mental illness and to support their families.

The National Suicide Prevention Hotline - 24/7 Crisis Hotline  
1-800-273-4250  
https://suicidepreventionlifeline.org/  
- Free and confidential support for people in distress; prevention and crisis resources.

MICHIGAN - STATE RESOURCES

LENAWEE COUNTY

Adrian Counseling and Psychiatric Clinic  
517-263-5810  
https://www.adrianpsych.com/  
142 East Maumee St. #107  
Adrian, Michigan 49221  
- Provides diagnosing, counseling, and medication management. Focuses a variety of issues such as depression, trauma, substance abuse, stress and mood swings and PTSD

Catholic Charities of Lenawee  
517-263-2191  
https://www.catholiccharitiesjlhc.org/  
199 North Broad St.  
Adrian, Michigan 49221  
- Individual, group, and family therapy for people of any age with behavioral, marriage, emotional, sexual abuse and substance abuse problems. Services provided to all people without regard to faith or ability to pay.

Christian Care Connection, LLC. - Blissfield Office  
517-486-4005  
https://www.christiancareconnection.com/  
306 East Jefferson St.  
Blissfield, Michigan 49228  
- Counseling services include grief/loss, depression, anxiety/panic, marriage/divorce and relationship, substance abuse, PTSD, and parenting.
Counseling of Lenawee PC. - Adrian Outreach Office 517-424-7345
108 South Main St. Suite K
Adrian, Michigan 49221
- Services include: adolescent and adult substance abuse treatment services, dual diagnosis addiction treatment, outpatient counseling treatment.

Creative Counseling Center, LLC 517-879-5838
http://www.thecreativecounselingcenter.com/
805 South Maumee St.
Tecumseh, Michigan 49286
- Comprehensive, child-focused therapy specializing in trauma, grief, anxiety, depression, autism and developmental disabilities, and more.

Divorce Care (Element Church) 517-486-2187
www.divorcecare.org
220 East Jefferson St.
Blissfield, Michigan 49228
- Weekly seminar and support group for separated or divorced people, registration required

Family Counseling & Children's Services 517-265-5352
https://www.fccsoflenawee.org/counseling.html
220 North Main St
Adrian, Michigan 49221
- Outpatient counseling services for individuals, family, couples

Herrick Behavioral Services 517-423-3887
502 East Cummins St.
Tecumseh, Michigan 49286
- Outpatient psychiatric and counseling services including cognitive therapy, family and group therapy, and other outpatient services

Hope & Restoration Counseling 517-920-0228
www.hopeandrestorationcounseling.com
1800 West US-223 Suite 200
Adrian, Michigan 49221
- Provides strength-based, integrative services addressing issues such as grief and loss, self-esteem, work/life balance, depression and anxiety.

Hospice of Lenawee 517-263-2323
www.hospiceoflenawee.org
1903 Wolf Creek Hwy
Adrian, Michigan 49221
- Grief and loss support groups and programs. Open to all, no need to have a recent connection to Hospice.

**Lenawee Community Mental Health Authority** 800-664-5005
[www.lcmha.org](http://www.lcmha.org) 517-263-8905
1040 South Winter St. Suite 1022
Adrian, Michigan 49221
- Govt. funded behavioral health organization that provides services to children and adults. For those without insurance, fees are based on the ability to pay. Crisis or emergency calls are accepted 24 hours a day, 7 days a week.

**Masterpeace Counseling** 517-423-6889
[www.mpccd.com](http://www.mpccd.com)
308 South Maumee St.
Tecumseh, Michigan 49286
- Provides quality, professional, counseling, assessment, education and enrichment services for children, teens, adults, and couples.

**McCullough, Vargas, and Associates Inc.** 517-264-2244
[https://www.mvabhs.com/](https://www.mvabhs.com/)
700 Riverside Ave. Suite 11
Adrian, Michigan 49221
- Provides many services including individual and group therapy, adolescent and family counseling, integrated substance abuse and mental health therapy, Hope House, drug testing, jail programs and more.

**Star Behavioral Health Providers (SBHP) Military Focus** 765-496-3403
[www.starproviders.org](http://www.starproviders.org)
- This website identifies behavioral health professionals who have received specialized training in mental health treatment for military service members and their families

**Still Waters Counseling** 734-944-3446
[www.still-waters-counseling.com](http://www.still-waters-counseling.com)
403 North Broad St.
Adrian, Michigan 49221
- Provides individual counseling, family counseling for child behavior problems, marriage and relationship counseling, substance abuse assessments, and more.

**Suicide Support Group** 517-263-8905
[https://www.afsp.org/](https://www.afsp.org/)
- Provides resources and aid to those affected by suicide. Call for more information.
Childcare Assistance
CHILDCARE ASSISTANCE

MICHIGAN - STATE RESOURCES

Michigan Department of Education
http://greatstarttoquality.org
- This website will help you locate the type of early care and education program that meets your needs. Select "Find Programs" then "Login as Guest." Under "Change Search Basics," select "Type" and check type of child care you are interested in, including the city name.

Michigan State-Wide Search for Licensed Child Care Centers and Homes
http://www.childcaresearch.apps.lara.state.mi.us
- Online search portal to find licensed child care centers and homes.

LENAWEE COUNTY

Child Care Network
https://childcarenetwork.org/general-information
517-264-5324
1040 South Winter St. Suite 2020
Adrian, Michigan 49221
- Provides financial assistance scholarships to help pay the cost of child care for eligible families

Department of Health and Human Services
https://www.michigan.gov/mdhhs/0,5885,7-339-73970_5461_66820-288241--.00.html
517-264-6300
1040 South Winter St. #3013
Adrian, Michigan 49221
- Helps with emergency financial assistance, utilities, home weatherization, burial, relocation assistance and home ownership services. Apply for food stamps, state subsidized insurance, and subsidized child care.

YMCA of Lenawee County
http://www.ymcaoflenawee.org
517-263-2151
517-417-6105
638 West Maumee St.
Adrian, Michigan 49221
- This facility has a state-licensed childcare center, as well as sports and recreation programs for youth and adults alike.
Educational Assistance
EDUCATIONAL ASSISTANCE

NATIONAL RESOURCES

General Equivalency Diploma (GED) Resources
https://ged.com/
- Online High School Equivalency education and testing.

MICHIGAN - STATE RESOURCES

Learning Express - Michigan eLibrary
https://mel.org/welcome
- Low-cost home internet for households who participate in SNAP. Must not have any outstanding debt for AT&T fixed internet service within the prior 6 months nor any unpaid debt with this program (Access). Plans from $5 - 10 per month depending on desired internet.

LENAWEE COUNTY

Adrian Community Education Center 517-263-1332
801 East Maumee St.
Adrian, Michigan 49221
- The Adult Education Program allows students to earn their high school diploma or prepare for their G.E.D. test and the Adrian Community High School Program allows students to participate at the LISD Tech Center, take virtual course, and traditional courses.

Adrian Head Start 517-263-2468
https://www.adrianmaples.org/schools/head-start.php
340 East Church St.
Adrian, Michigan 49221
- Partners with expecting mothers and families of children aged 0-5 to promote school readiness and family success

Adrian Rea Literacy Center 517-264-7320
http://www.adrianrealiteracy.org
1257 East Siena Heights Dr.
Adrian, Michigan 49221
- Provides free tutoring (1:1) to adults 18 and older to improve reading, writing, and English-speaking skills.
Community Action Agency - Lenawee County 800-438-1845
https://www.ccajlh.org/ 517-263-7861
400 West South St.
Adrian, Michigan 49221
- Provides financial education classes, tax prep, home ownership education, and home weatherization program.

Lenawee College Access Network 517-423-1729
http://lenaweecan.org/
606 North Evans St.
Tecumseh, Michigan 49286
- Assists students in Lenawee County who are considering pursuing college/another post-secondary

Lenawee Great Start Milton C. Porter Center 517-266-4821
www.lenaweegreatstart.org
2946 Sutton Rd
Adrian, Michigan 49221
- Coordinates community services, programs and resources to provide the best opportunities for young children to get the skills and experiences they need to succeed

Lenawee Lifelong Learning 517-403-4319
https://lenaweelifelonglearning.wordpress.com/
- Provides older adults the opportunity to attend courses on a variety of topics.

LISD TECH Center 517-263-2108
https://www.adrianmaples.org/
1372 North Main St.
Adrian, Michigan 49221
- Provides students with the opportunity of over two dozen career and technical education programs
Employment & Job Training
EMployment & Job Training

National Resources

AARP Foundation Senior Employment (Phone support only)
- Senior employment opportunities.

Government Jobs - Veteran’s Administration
www.va.gov/jobs
- Career and employment opportunities for veterans.

Indeed – Online Job Search
https://www.indeed.com
- Online job search

Monster – Online Job Search
https://www.monster.com
- Online job search

National Rehabilitation Information Center
https://naric.com/
- NARIC collects, catalogs, and disseminates the articles, reports, curricula, guides, and other publications and products of the research projects related to disability and independent living.

Michigan - State Resources

Lenawee County

Goodwill Industries of Southeastern Michigan – Lenawee 517-263-2135
http://www.goodwillsemi.org
1357 Division St.
Adrian, Michigan 49221
- Provides skills training, job readiness programs, professional job coaching, and community-based work experiences to individuals with disabilities

Michigan Rehabilitation Services – MRS 517-263-0607
https://www.michigan.gov
1040 South Winter St. Suite 3013
Adrian, Michigan 49221
• Provides specialized employment and education-related services and training to assist teens and adults with disabilities in becoming employed or retaining employment.

**Michigan Works! Southeast**

888-649-6757

[http://www.mwse.org](http://www.mwse.org)

517-266-5627

1040 South Winter St.
Adrian, Michigan 49221

• Provides job training and placement for sustainable employment regardless of age, ability or preparedness.
Financial Resources
FINANCIAL RESOURCES

NATIONAL

2021 Federal Poverty Guidelines

<table>
<thead>
<tr>
<th>Number of People in Household</th>
<th>48 States &amp; DC</th>
<th>Alaska</th>
<th>Hawaii</th>
</tr>
</thead>
<tbody>
<tr>
<td>One</td>
<td>$12,490</td>
<td>$15,600</td>
<td>$14,380</td>
</tr>
<tr>
<td>Two</td>
<td>$16,910</td>
<td>$21,130</td>
<td>$19,460</td>
</tr>
<tr>
<td>Three</td>
<td>$21,330</td>
<td>$26,660</td>
<td>$24,540</td>
</tr>
<tr>
<td>Four</td>
<td>$25,750</td>
<td>$32,190</td>
<td>$29,620</td>
</tr>
<tr>
<td>Five</td>
<td>$30,170</td>
<td>$37,720</td>
<td>$34,700</td>
</tr>
<tr>
<td>Six</td>
<td>$34,590</td>
<td>$43,250</td>
<td>$39,780</td>
</tr>
<tr>
<td>Seven</td>
<td>$39,010</td>
<td>$48,780</td>
<td>$44,860</td>
</tr>
<tr>
<td>Eight</td>
<td>$43,430</td>
<td>$54,310</td>
<td>$49,940</td>
</tr>
<tr>
<td>For nine or more, add this amount for each additional person</td>
<td>$4,420</td>
<td>$5,530</td>
<td>$5,080</td>
</tr>
</tbody>
</table>

Based on the National Poverty guidelines above, the following food stamps income limit chart is calculated by the USDA.

Access for AT&T
https://m.att.com/shopmobile/internet/access/
- AT&T is offering low-cost wireline home Internet service to qualifying households: with at least one resident who participates in the SNAP, with an address in AT&T’s 21-state service area, at which we offer wireline home Internet service, and, without outstanding debt for AT&T fixed Internet service within the last six months or outstanding debt incurred under this program.

Association for Child Support Enforcement (ACES)
- Assists disadvantaged children affected by parents who fail to meet their legal, moral and financial obligations to support them (assistance with obtaining legal child support).

Consumer Credit Counseling
https://www.glcap.org/
- Budgeting education and debt services.
Government Jobs - Veteran’s Administration
www.va.gov/jobs
Job opportunities for veterans

National Council on Aging "Benefits Check-Up"
https://www.benefitscheckup.org/about-us/
- A comprehensive, free online tool that connects older adults with benefits they may qualify for.

MICHIGAN - STATE RESOURCES

Cash Assistance and Social Services
- Human services organization to assist low-income families. Help on energy bills, child care costs and medical bills

Emergency Crisis Assistance and Crisis Management - The Salvation Army
https://www.needhelppayingbills.com/html/michigan_salvation_army_financ.html
- The Salvation Army provides various resources to help low income families.

Food Assistance Program (FAP) Group
https://www.needhelppayingbills.com/html/michigan_assistance_programs.html
- Website to locate resources for low-income families. Food eligibility depending on family income.

MIChild
https://www.needhelppayingbills.com/html/michigan_assistance_programs.html
- Government program aiding low-income families. Health insurance coverage to children in Michigan.

LENAWEE COUNTY

The American Red Cross - Lenawee and Washtenaw Counties  517-263-1904
www.redcross.org/local/michigan.html
130 North Main St.
Adrian, Michigan 49221
- Provides emergency services to victims of a disaster including food, shelter and basic needs. Provides emergency communications between family members and military servicemen as well as access to financial assistance.

Associated Charities of Lenawee County  517-265-7255
www.thecharities.org
221 South Tecumseh St.
Adrian, Michigan 49221
• Provides food, clothing, furniture, shoes, appliances, and other household items to low-income families in Lenawee County.

**Clinton Baptist Church Clinton Community Clothing Closet**  517-456-6053  
11555 Tecumseh Clinton Rd.  
Clinton, Michigan 49236  
• Provides clothing to residents in need. Available mid-August – early November

**Consumers Energy Payment Assistance Plans**  800-477-5050  
[https://www.consumersenergy.com/residential/programs-and-services/payment-assistance](https://www.consumersenergy.com/residential/programs-and-services/payment-assistance)  
• Provides year-round protection from shut-off - available to customers with household income at or below 200% poverty level. Assists low-income customers age 65 or older in the event of an electric or gas disconnection notice.

**Habitat ReStore of Lenawee County**  517-266-0746  
[https://www.habitat-lenawee.org/restore/](https://www.habitat-lenawee.org/restore/)  
1025 US-223  
Adrian, Michigan 49221  
• Sells furniture, tools, appliances, windows, doors, cabinets, housewares, flooring, tile, garden supplies, paint, plumbing, and more, at a low cost.

**Handicap Parking Placard Applications**  888-767-6242  
Michigan Secretary of State Office  
[https://www.michigan.gov/sos/0,4670,7-127-1585_49898-26297--,00.html](https://www.michigan.gov/sos/0,4670,7-127-1585_49898-26297--,00.html)  
1040 South Winter St.  
Adrian, Michigan 49221  
• A disability parking placard may be obtained from any Secretary of State branch.

**Holy Family Parish(St. Vincent DePaul Society)**  517-265-8938  
St. Joe’s Catholic Church Campus  
[https://www.facebook.com/StVincentDePaulAdrianMI](https://www.facebook.com/StVincentDePaulAdrianMI)  
415 Ormsby St.  
Adrian, Michigan 49221  
• Provides food for Lenawee residents in need and emergency financial assistance when funds are available.

**Department of Health and Human Services - Lenawee County**  517-264-6300  
[https://www.lenawee.mi.us/173/Department-of-Human-Services](https://www.lenawee.mi.us/173/Department-of-Human-Services)  
1040 South Winter St.  
Adrian, Michigan 49221  
• Services include cash assistance, food stamps, medical coverage for qualifying children and adults, subsidized child care, energy assistance programs, WIC, and protective services for children and adults age 60 and older.
Lenawee County United Way  
https://www.unitedwaymlc.org/  
Dial 2-1-1  
136 East Maumee St.  
Adrian, Michigan 49221  
- Information and referral for community resources, including financial assistance for those who qualify.

Lutheran Church of the Lakes  
www.lcol.org/  
517-547-4261  
8800 North Rollin Hwy  
Addison, Michigan 49220  
- Offers an Advent soup supper to the community during Advent on Wednesdays. Assists with rent or utilities those that are in need in the community.

Neighbors of Hope (Blessings and More Resale Store)  
www.blessingsnmore.com/  
517-759-4221  
423 West Maumee St.  
Adrian, Michigan 49221  
- Operates a resale ministry of Neighbors of Hope. Donated items are sold in a unique, upscale department store setting with 100% of the proceeds going to fund other ministries.

Ogden Church  
https://ogdenchurch.org/  
517-265-6621  
3201 South Winter St. Suite 3013  
Adrian, Michigan 49221  
- Provides assistance up to $75 for utility bills and rent assistance up to $100

Promedica Financial Assistance Application  
844-373-0871  
https://www.promedica.org/Public%20Documents/patient-resources/billing-and-insurance/Financial_Assistance_Application.pdf  
300 North Summit St.  
Toledo, Ohio 43604  
- Application for assistance with ProMedica medical/hospital bills. Income restrictions apply.

Social Security Administration - Lenawee  
www.socialsecurity.gov  
877-512-5943  
1040 South Winter St. Suite 2401  
Adrian, Michigan 49221  
- Social security and disability applications and information - call or go online for more information.
United Way of Monroe and Lenawee Counties 517-534-6821
https://www.unitedwaymlc.org/
136 East Maumee St. Suite 15
Adrian, Michigan 49221

- Provides information in the community related to education, finance, food assistance and health services.
Food Assistance
FOOD ASSISTANCE

NATIONAL RESOURCES

Area Agency on Aging - 1B 800-852-7795
https://aaa1b.org/
- Senior services including meals, chores, visitation and healthcare - by county

Food Assistance Program (FAP) Group
https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527---,00.html
- Food access for low-income families who are eligible.

Meals on Wheels
https://www.mealsonwheelsamerica.org/
- Home delivered meals for qualifying individuals.

SNAP/Food Stamps 877-644-6338
www.fns.usda.gov
- Supplemental Nutrition Assistance Program - monthly food stamps based on income and documented family members.

Food Stamps Income Limit – 2021

SNAP Income Eligibility Limits

<table>
<thead>
<tr>
<th>Household Size</th>
<th>Gross monthly income (130 percent of poverty)</th>
<th>Net monthly income (100 percent of poverty)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$1,354</td>
<td>$1,041</td>
</tr>
<tr>
<td>2</td>
<td>$1,832</td>
<td>$1,410</td>
</tr>
<tr>
<td>3</td>
<td>$2,311</td>
<td>$1,778</td>
</tr>
<tr>
<td>4</td>
<td>$2,790</td>
<td>$2,146</td>
</tr>
<tr>
<td>5</td>
<td>$3,269</td>
<td>$2,515</td>
</tr>
<tr>
<td>6</td>
<td>$3,748</td>
<td>$2,883</td>
</tr>
<tr>
<td>7</td>
<td>$4,227</td>
<td>$3,251</td>
</tr>
<tr>
<td>8</td>
<td>$4,705</td>
<td>$3,620</td>
</tr>
<tr>
<td>Each additional member</td>
<td>+$479</td>
<td>+$369</td>
</tr>
</tbody>
</table>

* SNAP gross and net income limits are higher in Alaska and Hawaii.
MICHIGAN - STATE RESOURCES

Food Assistance Program (FAP) Group
https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527---,00.html
- Food access for low-income families who are eligible.

Senior Project FRESH/Market FRESH
https://www.michigan.gov/osa/0,4635,7-234-64083_43343---,00.html
- Provides summer coupons to seniors 60+ for fresh produce bought at farm/roadside stands. Income requirements.

LENAWEE COUNTY

Addison Congregational Church Food Pantry 517-547-5527
https://www.addisoncongregational.com/index.html
202 South Talbot St.
Adrian, Michigan 49220
- Provides an emergency food pantry to area residents on the last Thursday of every month 3 – 5pm. Residents of Addison School district. Walk-ins accepted.

Adrian First Church of Nazarene Food Pantry 517-263-1579
https://www.adrianfirst.org/
50 Industrial Ct.
Adrian, Michigan 49221
- Offers a few days food supply to Lenawee county residents. Individuals are eligible twice every six months. Every Tuesday 10 a.m.-noon

Adrian Senior Center 517-263-3585
http://lenaweeseniors.org/
327 Erie St.
Adrian, Michigan 49221
- On-site meals, provides commodities to financially eligible persons

Blissfield Ministerial Association - ELCA Food Pantry 517-486-1457
http://www.stpaulblissfield.org/
306 East Jefferson St.
Blissfield, Michigan 49228
- hosted at St. Paul’s Evangelical Lutheran Church
- For Blissfield, Deerfield, Palmyra, & Riga residents only. Must be registered with DHS and receiving SNAP benefits. Thursdays by appointment only. One visit per month, up to 8 times per year.

Clinton Community Food Bank Clinton United Methodist Church 517-456-4972
10990 Tecumseh-Clinton Rd.
Clinton, Michigan 49236
- Second Thursday of the month from 8:30 a.m.-noon or in case of emergency

**Commodity Food Program The 1st United Methodist Church** 517-264-5280
[https://www.lenaweeseniors.org/services/commodities](https://www.lenaweeseniors.org/services/commodities)
1245 West Maple St
Adrian, Michigan 49221
- Distributes commodity foods 8 times per year - call for dates.

**Daily Bread Soup Kitchen** 517-266-0937
302 South Tecumseh St.
Adrian, Michigan 49221
- Provides hot lunches to those in need. 11:30 a.m.-2:30 p.m. Tuesday through Saturday.

**Emmanuel United Methodist Church Food Pantry** 517-486-3020
[https://blissfieldemmanuel.com/](https://blissfieldemmanuel.com/)
215 East Jefferson St.
Blissfield, Michigan 49228
- Hosts a community soup dinner every Wednesday at 7 p.m.

**First Presbyterian & Lutheran Church Food Pantry** 517-486-4738
304 Franklin St.
Blissfield, Michigan 49228
- Provides meals on the 2nd and 4th Tuesday of the month.

**Family Worship Center of Adrian Food Pantry** 517-417-1003
1120 East Maple Ave.
Adrian, Michigan 49221
- Provides fresh food to low-income residents every 2nd Saturday of every month from 9-11 a.m. Proof of income and picture ID required.

**Food Bank of South-Central Michigan’s Fresh Food Initiative** 269-964-3663
**Tecumseh United Methodist Church**
605 Bishop Reed Dr.
Tecumseh, Michigan 49286
- Provides fresh produce, dairy products, and other grocery items. Call for dates.

**God’s Bread Basket Dinner’s on Us Church of Christ** 517-295-3608
312 West Chicago Blvd
Tecumseh, Michigan 49286
- Serves meals on Tuesday, Wednesday, Thursday, and Friday from 6-7 p.m. Call for information regarding additional meal events on Mondays.

**Holy Family Parish (Food Pantry & Dire Needs) St. Mary’s Campus** 517-265-0378
[https://www.holyfamilyadrian.com/](https://www.holyfamilyadrian.com/)
317 Erie St.
Adrian, Michigan 49221
- Provides food assistance and limited financial assistance for emergency needs when funding is available. Able to assist with up to $50 for prescription assistance. Limited Office Hours: Monday, Tuesday, and Thursday from 1-3 p.m.

**Light of Christ Catholic Church Food Pantry** 517-447-3500
[http://www.lightofchristparish.com/contact-information/](http://www.lightofchristparish.com/contact-information/)
222 Carey St.
Deerfield, Michigan 49238
- Second and fourth Wednesdays of the month from 1-3 p.m. Available once per month for residents of Deerfield, Britton, Petersburg, and the church’s parishioners.

**Manitou Road Baptist Church Food Pantry** 517-547-5516
175 Manitou Rd.
Manitou Beach, Michigan 49253
- Second Thursday of the month

**Morenci Church of the Nazarene Food Pantry** 517-458-7195
751 North Summit St.
Morenci, Michigan 49256
- Monday, Wednesday, Friday from 9 a.m.-1 p.m. by appointment only. Serves only 49256 residents, must show ID

**Neighbors of Hope (Fishes and Loaves) Food Pantry** 517-759-4421
410 East Maple Ave.
Adrian, Michigan 49221
- Offers between five- and seven-days' worth of food. Provides this service to low-income residents of Lenawee County or those experiencing a food emergency.

**New Song Community Church Food Pantry** 517-423-3676
[https://comeinunity.com/we-care-ministry](https://comeinunity.com/we-care-ministry)
5211 South Occidental Hwy
Adrian, Michigan 49221
- Food pantry is open Thursday from 1-3 p.m. and Saturday from 10 a.m.-noon. People may come once a week for food. Hosts AA support groups as well.
Sacred Heart Catholic Church Food Pantry 517-448-3811
207 South Market St.
Hudson, Michigan 49247
- Must be a resident of Hudson school district. Tuesday and Thursday from 11 a.m.-1 p.m.

Solid Rock Church of Lenawee Food Pantry 517-456-9600
https://www.facebook.com/srclenawee/
112 East Church St.
Clinton, Michigan 49236
- Call for appointment.

St. Mary’s Church on the Lake Food Pantry 517-547-7496
http://www.saintmarymanitoubeach.org/
175 Manitou Rd.
Manitou Beach, Michigan 49253
- Serves nearby community on Fridays from 10 a.m.- noon.

Tecumseh Service Club 517-423-7662
https://www.facebook.com/tecumsehserviceclub/
506 North Union St.
Tecumseh, Michigan 49286
- Provides financial assistance, including rent, utilities, fuel oil and emergency needs. Offers gently used clothing as well. Food pantry by appointment only.

The Salvation Army Food Pantry - Lenawee County 517-265-2038
217 West Church St.
Adrian, Michigan 49221
- Pantry hours are 8-11:30 a.m. and 1-3 p.m., Meals provided on Monday and Wednesday at 4 p.m. Provides assistance with clothing and various types of furniture on a case-by-case basis.
Health Services
HEALTH SERVICES

NATIONAL RESOURCES

**Buderer Drug Co. Drug Repository Program**
https://www.budererdrug.com/drug-repository-program/
- Drug repository offering up to 30 days of certain prescription medications for $20 - first come, first served basis. Eligibility requirements apply. Erie, Wood, Lorain counties.

**Good Rx - Pharmaceutical Assistance Program**
www.goodrx.com/
- Prescription price comparisons and free coupons.

**Healthcare Marketplace**
www.healthcare.gov
- Health Insurance for uninsured Americans with cost based on income. Eligibility Criteria: must live in the United States, must be a U.S. citizen or national (or be lawfully present), cannot be incarcerated, not eligible for Medicare.

**The Healthwell Foundation**
www.healthwellfoundation.org
- Helps individuals with health insurance pay their out-of-pocket costs for prescribed medications that treat certain diagnoses/diseases. For a list of approved diagnoses/disease, call directly or refer to the website.

**Medicaid Consumer Hotline**
https://medicaid.ohio.gov/CONTACT
- Medicaid sponsored contacts for applications, cards, and non-emergency transportation.

**Medicare Part D Drug Plan**
www.medicare.gov
- Medicare drug plans to decrease cost of medications.

**National Rehabilitation Information Center**
https://naric.com/
- NARIC collects, catalogs, and disseminates the articles, reports, curricula, guides, and other publications and products of the research projects related to disability and independent living.

**Needy Meds - Pharmaceutical Assistance Program**
https://www.needymeds.org/
- 800-503-6897
• Pharmaceutical patient assistance for low-income individuals with no prescription coverage.

**Pharmaceutical Patient Assistance Program** 888-477-2669
[https://www.pparx.org](https://www.pparx.org)
[https://www.rxassist.org](https://www.rxassist.org)
www.needymeds.org
• Prescription cost assistance - limited.

**MICHIGAN - STATE RESOURCES**

**Donated Dental Services** 517-346-9454
• Dental services donated by different dental practices around the state. Eligibility requirements includes 65 or older, disability, medical condition, no dental insurance, and income 200% FPL or lower. Call for an application.

**Elder Prescription Insurance Program (EPIC)**
• Prescription drug medication program for seniors living in Michigan. Year-round coverage to help with medical bills

**Michigan Free Health Centers**
• Community clinics in Michigan providing free medical health, dental care and people with low income or those without insurance.

**Michigan Medicare/Medicaid Assistance Program (MMAP)** 800-803-7174
[www.mmapinc.org](http://www.mmapinc.org)
• Trained volunteers provide information and counseling on Medicare and Medicaid Issues. Also addresses topics such as Medicare supplemental insurance, long term care insurance, Medicare Prescription Drug Benefit programs, and Medicare HMOs.

**LENAWEE COUNTY**

**Family Medical Center of Michigan Inc. - Lenawee County** 517-263-1800
[www.familymedicalmi.org](http://www.familymedicalmi.org)
1200 North Main St.
Adrian, Michigan 49221
• Provides medical, dental and behavioral health services. Also offers a discount prescription program.

**Lenawee County Health Department** 517-264-5228
[http://www.lenawee.mi.us/187/Health-Department](http://www.lenawee.mi.us/187/Health-Department)
1040 South Winter St. Suite 2328
Adrian, Michigan 49221
• Provides Children’s Special Health Care Services. May cover adults with cystic fibrosis, hemophilia, and some other clotting disorders.

**ProMedica Charles and Virginia Hickman Hospital**
- 517-557-0000
- 5640 North Adrian Hwy
- Adrian, Michigan 49221
  - Full service hospital and emergency department, with rehabilitation, lab and imaging services, as well as cancer treatment.

**ProMedica Financial Assistance Application**
- 844-373-0871
  - [https://www.promedica.org/Public%20Documents/patient-resources/billing-and-insurance/Financial_Assistance_Application.pdf](https://www.promedica.org/Public%20Documents/patient-resources/billing-and-insurance/Financial_Assistance_Application.pdf)
  - Application for assistance with ProMedica medical/hospital bills. Income restrictions apply.
Housing Assistance
HOUSING ASSISTANCE

NATIONAL RESOURCES

HUD Resource (Housing) Locator
https://resources.hud.gov/
- Online search for HUD and special needs housing.

MICHIGAN-STATE RESOURCES

Housing, Rent, and Security Deposits
- Website for Michigan residents to assist in locating housing/rental deposits, moving expenses and rent, based on income.

LENAWEE COUNTY

Friendship Place - Subsidized Housing 517-263-4010
https://www.publichousing.com/details/friendship_place_new
201 East Maumee St.
Adrian, Michigan 49221
- HUD senior low-income housing.

Habitat for Humanity of Lenawee County 517-265-6157
www.habitat-lenawee.org/
1205 East Beecher St.
Adrian, Michigan 49221
- Offers a homeownership program as well as home repair program. Resells donated goods for other programs. Volunteer opportunities.

Housing Help of Lenawee (H2Lenawee) 517-264-0782
www.h2lenawee.org
302 East Church St.
Adrian, Michigan 49221
- Emergency Shelter, Housing First Program, Transitional Housing (TH), and Permanent Supportive Housing Program. Rent assistance is available, bed bug detection pieces are also available.

Indian Oaks Apartment 517-423-7029
http://mihousingcouncil.rentlinx.com/124-Burt-St-Tecumseh-MI-49286
124 Burt St.
Tecumseh, Michigan 49286
- HUD senior/disabled low-income housing.
Maple Village Apartments 517-263-8448
https://affordablehousingonline.com/housing-search/Michigan/Adrian/Maple-Village/10011530
1221 South Main St.
Adrian, Michigan 49221
- HUD senior/disabled low-income housing.

Neighbors of Hope (Women's Ministry)
http://neighborsofhope.com/women-childrens-ministry/
- The Women’s Fresh Start program gives a hand up to homeless women (and their children) by giving them up to six months of basic needs services including safe shelter, food, case management, and spiritual and personal care.

Orchard Terrace Corp. 517-423-6649
https://www.agingcare.com/local/orchard-terrace-corp-tecumseh-senior-living-mi
205 Adrian St
Tecumseh, Michigan 49286
- HUD senior/disabled low-income housing.

USDA Rural Home Repair - Loans & Grants 517-676-4644
525 North Okemos St.
Mason, Michigan 48854
- Provides loans to low-income homeowners to repair, improve, or modernize. Provides grants to elderly and low-income individuals to remove health and safety hazards. Provides loans to low income families to purchase a home in a rural area. Single Family Housing Repair Loans & Grants.

York Hills II 517-458-6403
240 Gorham St
Morenci, Michigan 49256
- HUD subsidized housing.
Intimate Partner Violence & Safety Services
INTIMATE PARTNER VIOLENCE/SAFETY SERVICES

NATIONAL RESOURCES

National Domestic Violence Hotline 800-799-7233
- 24-hour domestic violence hotline

MICHIGAN - STATE RESOURCES

Adult and Child Protective Services 517-264-6464
https://www.michigan.gov/mdhhs/0,5885,7-339-73970_5461_66820-288241--00.html

LENAWEE COUNTY

Adult and Child Protective Services 517-264-6464
https://www.michigan.gov/mdhhs/0,5885,7-339-73970_5461_66820-288241--00.html
1040 South Winter St #3013
Adrian, Michigan 49221
- Provides protective services for children; and adults age 60 and older.

Catherine Cobb Domestic Violence Shelter 517-265-6776
https://www.fccsoflenawee.org/shelter.html
Adrian, Michigan 49221
- Provides a place where survivors can come by themselves or with their children and find physical safety in a home-like setting. Emergency shelter is available, case management, legal assistance, support groups.
Legal Assistance
LEGAL ASSISTANCE

NATIONAL RESOURCES

Association for Child Support Enforcement (ACES) 800-738-2237

- Assists disadvantaged children affected by parents who fail to meet their legal, moral and financial obligations to support them (assistance with obtaining legal child support).

Do-Not-Call Registry 888-382-1222
https://www.donotcall.gov/

- Anyone can register their home, cell, fax and pager numbers with the Federal Government “Do-Not-Call Registry” to help prevent unwanted calls from telemarketers for five years.

MICHIGAN - STATE RESOURCES

Elder Law of Michigan 800-347-5297
www.elderlawofmi.org

- Provides legal advice over the phone. Attorneys will address questions regarding family law, taxes, pensions, wills and probate, Medicaid/Medicare and public benefits.

Lawyer Referral Service in Michigan 800-968-0738
https://www.lawyerlegion.com/lawyer-referral-directory/michigan/
306 Townsend St.
Lansing, Michigan 48933

- Lawyer referral services for the state of Michigan. 30-minute consultation will cost less than $20.

Legal Assistance

- nonprofit law firms in Michigan providing free civil legal assistance. Consultations to low-income earners.

Legal Hotline for Michigan Seniors 800-347-5297

- Free legal advice and services for low-income individuals, families and older adults. No criminal cases handled
- Provides legal advice over the phone
Michigan Department of Civil Rights
https://www.michigan.gov/mdcr
110 West Michigan Ave. Suite 800
Lansing, Michigan 48906
- Enforce civil rights, fair housing laws, and provide training.

Michigan Long-Term Care Ombudsman
https://mltcop.org/
15851 South U.S. 27 Suite 73
Lansing, Michigan 48906
- Ombudsmen advocate for the resident in the long-term care facilities.

HILLSDALE AND JACKSON COUNTIES

Legal Services of South-Central Michigan
Jackson and Hillsdale County
https://lsscm.org/
540 North Jackson St.
Jackson, Michigan 49201

KALMAZOO COUNTY

Legal Aid of Western Michigan
Cass, Kalamazoo, St. Joseph, and Van Buren Counties
https://lawestmi.org/
201 West Kalamazoo Ave. Suite 427
Kalamazoo, Michigan 49007
- Free legal service for income eligible people. Services include family law, housing, benefits, tax, education, consumer matters, and individual rights. No criminal cases handled.

LENAWEE COUNTY

Lenawee County Friend of the Court
https://www.lenawee.mi.us/180/Friend-of-the-Court
425 North Main St. Ground Floor
Adrian, Michigan 49221
- Enforces domestic relation matters in any Circuit Court proceedings related to child custody, parenting time, or child/spousal support.

MONROE COUNTY

Legal Services of South Central Michigan
www.LSSCM.org
898 Telegraph Rd.
Monroe, Michigan 48161

- Free legal advice and services for low-income individuals, families and older adults. No criminal cases handled.
Social Connections
SOCIAL CONNECTIONS

NATIONAL RESOURCES

COVIA Well Connected 877-797-7299
covia.org/services/covia-connections/
  • A community of older adults throughout the United States meeting via phone or web conference for a variety of groups.

Silver Sneakers/Fitness Program
www.silversneakers.com/join-in/
  • Senior fitness programs - search by community. May be covered by Medicare insurance products.

MICHIGAN – STATE RESOURCES

LENAWEE COUNTY

Autism Support Group 517-263-8905
https://www.michigan.gov/autism/0,4848,7-294-80450---,00.html
2946 Sutton Rd.
Porter Center Room 190 A
Adrian, Michigan 49221
  • Third Wednesday of the month from 9:30a.m.-11:00a.m.

Bliss-Liewert Senior Center 517-486-2397
https://www.lenaweeseniors.org/senior-centers/blissfield-senior-center/view-image/3f0b57ba676d743740ffd8e8ae3865cc/jpg
206 South Lane St.
Blissfield, Michigan 49228
  • Provides on-site meals and senior engagement.

Divorce Care (Element Church) 517-486-2187
www.divorcecare.org
220 East Jefferson St
Blissfield, Michigan 49228
  • Weekly seminar and support group for separated or divorced people, registration required

Hope Community Center 517-265-2410
https://hopecenteradrian.org/
431 Baker St
Adrian, Michigan 49221
- Promotes lifelong learning of adults with disabilities by providing classes such as Cultural Traditions, Coffee and Current Events, and Sports Frenzy as well as daily living skills classes.

**Hudson Senior Center** 517-448-4605
[https://www.lenaweeseniors.org/senior-centers/hudson-senior-center](https://www.lenaweeseniors.org/senior-centers/hudson-senior-center)
323 West Main St.
Hudson, Michigan 49247
- Provides on-site meals and senior engagement.

**Low-Vision Support Group** 517-423-7042
10990 Tecumseh-Clinton Rd.
Clinton, Michigan 49236
- Call Edith at Clinton United Methodist Church Second Wednesday of the month. Call 517-263-8199 for Alice Stykes at Grand Court Third Thursday of the month.

**Morenci Senior Center** 517-458-2236
[http://lenaweeseniors.org/senior-centers/morenci-senior-center](http://lenaweeseniors.org/senior-centers/morenci-senior-center)
811 Coomer
Morenci, Michigan 49256
- Provides on-site meals Mon, Wed and Thur, 11:30am, and senior engagement activities.

**Onsted Senior and Activity Center** 517-467-6917
[https://www.lenaweeseniors.org/senior-centers/onsted-senior-center](https://www.lenaweeseniors.org/senior-centers/onsted-senior-center)
1040 South Winter St. Suite 3003
Onsted, Michigan 49265
- Provides on-site meals and senior engagement. Call for hours.

**Tecumseh First Church of Nazarene** 517-423-4960
1001 North Union St.
Tecumseh, Michigan 49286
- Various group activities - call for more information.

**Tecumseh Senior Center** 517-423-5939
[https://www.lenaweeseniors.org/senior-centers/tecumseh-senior-center](https://www.lenaweeseniors.org/senior-centers/tecumseh-senior-center)
703 East Chicago Blvd.
Tecumseh, Michigan 49286
- Provides on-site meals and senior engagement.
TRANSPORTATION

NATIONAL RESOURCES

Angel Wheels
http://mercymedical.org/request-assistance/
- Transportation assistance in the form of gas cards, bus tickets, or train tickets to medical appointments that are out of county, but less than 300 miles away. Apply for assistance online. Financial restrictions apply.

MICHIGAN - STATE RESOURCES

Aetna Better Health of Michigan (Medicaid) Medical Cabs 800-947-2133
- Transportation for medical appointments for members. Must schedule 3 days in advance.

Blue Cross Blue Shield Complete of Michigan (Medicaid) Cabs 888-803-4947
https://www.mibluecrosscomplete.com/
- Medicaid medical transportation.

Disability Assistance
www.needhelppayingbills.com/html/michigan_disability_benefit_pr.html
- Website to search various benefits for Michigan disabled citizens

Ford Warriors in Pink 833-546-7433
https://www.warriorsinpink.ford.com/charity
- Transportation to medical appointments and financial assistance for daily expenses provided to people undergoing breast cancer treatment.

Meridian Health Plan (Medicaid) Medical Cabs 888-437-0606
https://corp.mhplan.com/ContentDocuments/default.aspx?x=HAhzUMvFwRqyVbHe
rrBsTQpgRRDbJGXD77mhY87J83VN7xKVK/d7adTPVmLMjzSGsDz/1AAqS1Ldn
JVL1ireIA==
- Medicaid medical transportation.

McLaren Health Plan (Medicaid) Medical Cabs 888-327-0606
- Customer service number. Provides transportation to doctor visits, prescription drugs, well visits, children’s health services and more.

Molina Healthcare of Michigan (Medicaid) Medical Cabs 888-898-7969
Molina will cover transportation when there is no other means to get there. These services include doctor appointments, x-rays, lab tests, pharmacy, medical supplies and other medical care. Must schedule 3 days in advance. Second phone number: 248-925-1700.

**Priority Health (Medicaid) Medical Cabs** 888-975-8102
https://www.priorityhealth.com/michigan-medicaid/member/plan/transportation-services
- Medicaid medical transportation.

**United HealthCare (Medicaid) Medical Cabs** 877-892-3995
- Transportation to and from doctor's appointments, medical equipment companies for supplies, mental health clinics, health departments, as well as vision clinics. Must schedule 4 days in advance but urgent appointments are available.

**LENAWEE COUNTY**

**Adrian Taxi and Mobility Matters 360** 517-266-8912
https://www.lenaweeseniors.org/senior-centers/tecumseh-senior-center
703 East Chicago Blvd
Tecumseh, Michigan 49286
- Provides on-site meals and senior engagement.

**City of Adrian Dial-A-Ride** 517-265-6611
https://adriancity.com/services/transportation/
401 South Tecumseh St.
Adrian, Michigan 49221
- Provides transportation services within the city of Adrian. Provides curb to curb service. Fares: $2.00 one way; $1.00 if 62 or older or disabled.

**LCA Plus Membership-Lenawee Community Ambulance** 888-463-7587
https://www.emergenthealth.org/ambulance-services/lenawee-community-ambulance
246 West Maumee St.
Adrian, Michigan 49221
- Cost: Family membership is $42 per year for all ambulance trips during the year. Senior/senior couple membership is $30.

**Lenawee Transportation** 517-265-4444
http://www.lenawee.mi.us/225/Lenawee-Transportation
377 Logan St.
Adrian, Michigan 49221
- Semi-fixed routes in Lenawee County. Provides curb to curb service. Fares: $3.00 one way; for seniors 62+ and individuals with disabilities: $1.50

**Lenawee County Department of Veterans Affairs** 517-264-5335
https://www.lenawee.mi.us/529/Veterans-Affairs
1040 South Winter St #2023
Adrian, Michigan 49221
- Provides veterans and their families with assistance in getting benefits, medical transportation, and emergency financial needs.

ProMedica Air and Mobile Medical Transportation 800-589-4994
- Provides medically necessary non-emergency ambulance transport