### KNOW WHERE TO GO

**Convenient, Quality Care For The Right Cost**

<table>
<thead>
<tr>
<th>CHECK FIRST</th>
<th>IF YOUR PHYSICIAN IS CLOSED</th>
<th>FOR A MINOR EMERGENCY</th>
<th>ABSOLUTE EMERGENCIES ONLY</th>
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<td>PROMEDICA PHYSICIANS</td>
<td>PROMEDICA AFTERHOURS</td>
<td>PROMEDICA URGENT CARE</td>
<td>PROMEDICA EMERGENCY CENTERS</td>
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#### Routine and non-emergency services such as:
- Chronic illness (diabetes, heart disease management)
- Physicals, annual exams, immunizations
- Asthma and allergy management
- Pain management (back pain)
- Prescription and drug management

Available by appointment.
800-PPG-DOCS | promedica.org/doctors

#### Treats non-emergency conditions during evenings, and weekends for symptoms such as:
- Cold symptoms, ear aches, sore throats
- Typical Headaches
- Fever or rashes
- Mild asthma attacks
- Nausea, vomiting and diarrhea

ProMedica Perrysburg Medical Center
Other Locations: Check with your primary care office to see if they have afterhours.

#### Urgent Care services for minor emergencies such as:
- Sprains or broken bones
- Minor cuts and burns
- Fever that spikes
- Respiratory symptoms
- Urination changes
- Migraines
- Work injury

10 a.m. – 10 p.m., 365 days a year
For locations and additional information visit: promedica.org/urgentcare.

#### Advanced emergency services and hospital services such as:
- Chest pain
- Numbness in the face, arm, or leg (stroke symptoms)
- Head injuries
- Pregnancy complications
- Uncontrollable bleeding

24 hours a day, 7 days a week, 365 days a year.
For locations and additional information visit: promedica.org/ERlocations.

#### WRONG REASONS TO GO TO THE ER

- Minor Cuts
- Sprains
- Minor Headaches
- Sun Burns or Minor Burns
- Rash or Poison Ivy
- Fevers
- Ear Aches

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*Truven (Claims paid through 5/31/16)
** Truven Health Analytics 4/25/13

This guide is intended for informational purposes only and should not be used in place of a consultation with a healthcare professional. The guide is an example of services provided at the listed types of care locations, but does not represent the all-inclusive list of conditions that may be treated there. The individual in need of medical care is expected to use his or her judgment in selecting the appropriate ProMedica services or calling 911 and the selection may be inconsistent with the guide depending on the location of the individual at the time of the need for services as well as the severity of the condition. ProMedica is not responsible for errors, omissions or inconsistencies with respect to the information herein and is not liable in any way for interpretations of this information by the reader or any consequences thereof.