This resource list is not exhaustive and the information contained herein, including program information and eligibility criteria, is subject to change without notice. ProMedica does not recommend nor endorse any specific company, agency, or organization listed.

10.1.17
Partial Update 1.21.19
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GENERAL RESOURCES AND PHONE NUMBERS

United Way First Call for Help 734-242-4357
Dial: 211
- Information and referral for community resources including financial assistance.

Monroe County Department of Human Services (MCDHS) 734-243-7200
903 S. Telegraph Rd.
Monroe, MI 48161
- Services include public assistance, food stamps, medical coverage for qualifying children and adults, social services and protective services for children and adults age 60 and older.

Monroe County Commission on Aging 734-240-7363
29 Washington St.
Monroe, MI 48161
- Provides information and referrals
- Provides Medicare and insurance counseling
- Funds senior programs in Monroe County

Area Agency on Aging 1-B 800-852-7795
29100 Northwestern Hwy. Suite 400
Southfield, MI 48034
- Serves persons age 60+ living in Southeastern Michigan
- Provides information and referral and resource advocacy.
- Provides funding for home based services, delivered meals, respite, and many other support services.
- Provides long term care ombudsman and education on elder abuse prevention.

Social Security Administration 800-772-1213
Third Floor City Hall
120 E. 1st St.
Monroe, MI 48161
- The above phone number is for the regional SSA office.
Behavioral Health

Monroe County
BEHAVIORAL HEALTH SERVICES

Monroe County Mental Health Authority 734-243-7340
1001 S. Raisinville Rd.
Monroe, MI 48161
www.monroecmha.org

- Services available to anyone residing in Monroe County without insurance and cannot pay or on Medicaid. However, only those on Medicaid are guaranteed service.

- Assertive Community Treatment (ACT): treatment and support for consumers with serious mental illness to promote independent functioning. ACT Teams provide mental health therapy, medications, and help accessing community resources including education, training, and employment.

- Assessments: including psychiatric evaluations, psychological testing, and substance abuse screenings.

- Behavioral Health Treatment to help consumers improve emotional and behavioral functioning.

- Clubhouse Programs: where consumers work together with staff to operate the clubhouse and also promote community participation in general.

- Inpatient Psychiatric Services to handle mental health emergencies and improve/stabilize symptoms.

- Community Living Supports (CLS): to assist adults with serious mental illness or developmental disabilities live and function in the community. CLS also helps families who have children with developmental disabilities or serious emotional difficulties.

- Crisis Residential Services: a specialized residential setting as an alternative to inpatient treatment to help stabilize symptoms.

- Fiscal Intermediary Services: assist individuals with money management and budgeting

- Supported/Integrated Employment: Support services and vocational training to help mental health clients (adults) obtain and retain paid employment.

- Psychiatric Evaluation and psychotropic medication treatment

ProMedica Monroe Behavioral Health 734-240-1760- Outpatient
Professional Office Building, Suite 200 734-240-5350- Inpatient
730 N. Macomb Street
Monroe, MI 48162

- Outpatient counseling and mental health therapy for individuals, couples, and families; stress management and self-help groups, and chemical dependency counseling

- Inpatient Psychiatric Treatment: provides a multidisciplinary treatment approach including psychiatrists, psychiatric nurses, mental health technicians, social workers, as well as occupational and recreation therapy
Catholic Charities of Southeast Michigan 734-240-3850
1070 S. Telegraph Road
Monroe, MI 48161
- Licensed, master's-level clinicians provide mental health and substance abuse services to children, teens, adults, and families in a caring, professional environment regardless of age, race, religion, or economic status
- Sliding fee scale for those without insurance

Family Counseling and Shelter Services 734-241-0180
14930 LaPlaisance Rd. Suite 106
Monroe, MI 48161
- Individual, family, and group therapy
- Domestic Violence Shelter
- Rape Crisis Program and 24 hour crisis hotline
- Sliding fee scale for those without insurance.

Gabby's Ladder (Grief Support) 734-242-8773
431 E. Elm Ave.
Monroe, MI 48162
- Grief services and counseling for children, teens, adults, and families.
- Monthly grief support groups and family workshops
- There is no charge for services

Self and Family Behavioral Healthcare 734-586-0031
www.selfandfamily.com
7521 N. Telegraph Rd. Suite 1
Newport, MI 48166
- Counseling for seniors and their families. Accepts Medicare, Medicaid (Meridian and Molina), and private insurance plans.

Flower Hospital 419-824-1734
www.promedica.org
5200 Harroun Rd.
Sylvania, Ohio 43560
- Adult inpatient psychiatric unit
- Services include psychiatric and addiction emergency services, behavioral health programs, chemical dependency program, specialized schizophrenia treatment, and substance abuse/chemical dependency education.

St. Charles Mercy Hospital 419-696-7334
Inpatient Psychiatric Services 419-696-7654 Administrative
2600 Navarre Avenue, Oregon, OH 43616
www.mercyweb.org/services_behavioral_health.aspx
- Intermediate and acute adult and geriatric psychiatric services.
- Structured daily activities to help individuals with their special needs.
- Patients are admitted through the Emergency Dept. or by physician referral
Arrowhead Behavioral Health 419-891-9333
1725 Timber Line Rd
Maumee, Ohio 43537
- Inpatient and outpatient psychiatric and substance abuse treatment for adults

UTMC Senior Behavioral Health 419-383-6161
Kobacker Center 844-266-4889
1400 East Medical Loop
Toledo Ohio 43614
- Short term inpatient psychiatric unit for individuals 55 and older.

University of Toledo Medical Center
Adult Psychiatry 419-383-5691 (New Appts.)
Ruppert Health Center 419-383-5695 (Adult Outpatient)
3120 Glendale Ave.
Toledo, Ohio 43614
utmctoledo.edu/clinics/adultpsychiatry
- Inpatient and outpatient adult psychiatric services
- Services include comprehensive diagnostic assessment, individual and family therapy, psychopharmacological management, behavioral medicine, clinical neuropsychiatry.

University of Toledo Medical Center 419-383-5691
Geriatric Psychiatry Center (Outpatient)
3000 Arlington Avenue,
Toledo, OH 43614
- Outpatient geriatric psychiatric services.
- Provides screening, diagnostic assessment, counseling, and psychopharmacological management for older adults exhibiting signs and symptoms that may warrant psychiatric care
Food Assistance

Monroe County
FOOD AND MEAL RESOURCES

Living Independence for Everyone – LIFE 734-242-6800
Serves: all of Monroe County. Suggested donation $3. Must be 60+

Bedford Senior Center 734-856-3330
Serves: Bedford, Lambertville, Ottawa Lake, Temperance, and Whiteford. Suggested donation $3.50. Will provide meals to people under 60 with suggested donation of $5.

Dundee Senior Center 734-529-2401
Serves: Dundee, Petersburg, Deerfield, and Ida. Must be 60+
Suggested donation $3

Frenchtown Senior Center 734-243-6210
Must be 60+

Emergency and Supplemental Food

Monroe County Opportunity Program 734-241-2775, ext. 222
1140 S. Telegraph Rd.
Monroe, MI 48161

Monthly Distribution of USDA commodities:
This program offers food to low-income mothers and children up to the age of six and seniors over 60 years of age. Must be financially eligible: call for income criteria.

Emergency Food Assistance
Supplies food on a quarterly basis at six locations throughout Monroe County.

Emergency Food Box
This program is a one time emergency offering for low-income residents. Please contact MCOP ext. 201 for more information.

Mobile Food Pantry
This program provides food throughout Monroe County monthly. The location changes every month. Please contact 734-242-9453 for more information.

Community Wide Food Bank
- This program coordinates a network of 13 food pantry locations throughout Monroe County.
- Each household in Monroe County that is in need picks the location closest to them and goes for donations once a month.
- If going to a food bank please make sure you have proof of household income, proof of residency, and proof of number of household members with you.
- Contact MCOP ext. 221 for more information.
FOOD PANTRIES

**CITY OF MONROE**
Second Missionary Baptist Church  
501 Clark St.  
734-241-8611

St. Joseph’s Catholic  
734-241-2775  
1140 S Telegraph Rd.

Victory Temple Church of God  
734-242-5075  
832 Roessler St.

The Salvation Army  
734-241-0440  
815 E. First St.  
Monroe, MI 48161

**SOUTH COUNTY**
Our Lady of Mount Carmel  
734-847-2805  
8330 Lewis Ave. Temperance

St. Anthony Padua Church  
734-854-1143  
4605 St. Anthony Rd. Temperance

St. Michael Lutheran Church  
734-856-2944  
5790 W Temperance Rd.

Zion United Methodist Church  
734-243-5940  
1607 Yargerville

**NORTH COUNTY**
N. Monroe Church of God Mt. Assembly  
734-241-1590  
2393 North Monroe St.

St. Anne’s Catholic  
734-289-2910  
2420 North Dixie Hwy

Good Neighbor Food Pantry  
734-497-0826  
8212 N Telegraph Rd.

**WEST COUNTY**
Dundee United Methodist Church  
734-529-3535  
645 Franklin St.

Immanuel Lutheran Church  
734-269-2182  
3879 Jackman Rd.

London Township Hall  
734-529-3535  
13613 Tuttlehill Rd
God Works! Family Soup Kitchens

“All God Works meals are free of charge and available to anyone who is hungry. We begin serving at 6:00 PM, but the doors are usually open 30 min early and it's important for diners to arrive on time. As soon as everyone has been served, we offer the remaining food to those who would like more.”  [www.gwsoupkitchen.com](http://www.gwsoupkitchen.com)

<table>
<thead>
<tr>
<th>Monro (City)</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>South County</td>
<td>St. Luke’s Lutheran 1690 W Sterns Temperance 734-241-8181</td>
<td>Bridgepoint Church 9875 Lewis Temperance 734-241-8181</td>
<td>Mt. Carmel Church 8330 Lewis Temperance 734-241-8181</td>
<td>Crossroads Church 6960 Sylvania Petersburg Rd Ottawa Lake 734-241-8181</td>
<td></td>
<td></td>
</tr>
<tr>
<td>North County</td>
<td>First Congregati Church of Christ 26250 E. Huron River Rd. Flat Rock, MI 734-755-0196</td>
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<td></td>
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<tr>
<td>West County</td>
<td>St. John Lutheran Church 460 Riley St. Dundee 734-529-3218</td>
<td></td>
<td></td>
<td></td>
<td>St Joseph’s 8295VanAiken Ida, MI 734-241-8181</td>
<td></td>
</tr>
</tbody>
</table>
HOUSING ASSISTANCE

Call the following Housing Commission Offices for low income housing applications:

Bedford Township Housing Commission  734-847-3950
8745 Lewis Ave.
Temperance, MI  48182
- Low Income Housing for seniors (62+) and disabled persons.
- Application preference is given to Bedford Twp. Residents

Dundee Housing Commission  734-529-2828
501 Rawson St.
Dundee, MI  48131

Luna Pier Housing Commission  734-848-2355
10885 Ellen Street
Luna Pier, MI  48157

Monroe Housing Commission  734-242-5880
20 N. Roessler St.
Monroe, MI  48162
- 148 one-bedroom handicap accessible low income housing apartments.

Michigan State Housing Development Authority - MSHDA Housing Choice Voucher (HCV)
Subsidized Rent/Housing Choice Vouchers

- This program provides monthly rental assistance to eligible families.
- To find out if your county has an open waiting list, go to this website: www.michigan.gov/mshda and click on RENTAL and then HOUSING CHOICE VOUCHER PROGRAM
- Applications are accepted on-line only at the above website.
- Financial income and county residency requirements apply.

Michigan State Housing Development Authority - Veterans Administration Supportive Housing (VASH)
Subsidized Rent/Housing Choice Vouchers for Qualified Veterans

- This program provides monthly rental assistance to qualified veterans.
- To apply, the veteran is required to participate in VA Case Management through one of the VA Medical Centers.
- For more information, go to: www.michigan.gov/mshda; click on RENTAL and then HOUSING CHOICE VOUCHER PROGRAM and then the link for HUD VASH Vouchers.
MCOP Homebuyer Purchaser Rehab:
- Funding for down payment assistance and costs for repairs needed on the home.

MCOP Minor Home Repair:
- Roof, floor repairs, minor furnace repairs, doors. Applicant must be 55 or older.

MCOP Home Repair:
- Emergency Housing Rehab program for qualifying homeowners for one rehab project on their home. These can include:
  - Roof, siding, gutter repair
  - Windows and Insulation
  - Porch repair
  - 95% Efficient Furnace
  - Energy Upgrades
  - Handicap Accessibility
  - Electric and Plumbing Repair.
- Up to $40,000 available

Family Self Sufficiency Program (FSS)
- A 5 year program to help individuals/families become independent and self-sufficient with the ultimate goal of getting off public assistance and being able to save money to purchase a home.
- Must have a housing voucher to qualify for the program.

CDBG:
- Provides loans for housing rehabilitation to bring homes up to building code standards and handicap accessibility.
- The home must be located in Monroe County, excluding the city of Monroe
- Will not provide this service to mobile homes.
- Applicant must reside in the home and own the home or have a mortgage.
- Household income may not exceed 80% of the area median household income.
- Loans may be deferred or monthly payback dependent on income level and funding available.

MCOP Weatherization
- Weatherization and home energy assistance
- Households receiving this service can expect heating costs to be reduced 20-25%
SHELTERS and HOMELESS RESOURCES

Philadelphia House I and II  
(Men’s Shelter)  
734-242-4266
119 E. Third St.  
218 Washington St.  
Monroe, MI  48161

Paula’s House  
734-242-6650
• Transitional shelter for women recovering from substance abuse. Capacity is only 5 women. Recipients commit to 1 and up to 2 years.

Sunrise House (SAFE HOUSE)  
734-242-7233
• Emergency Shelter for female victims of domestic violence and their children (17 years and under).
• Capacity is 24 people; overflow from Monroe County will be sheltered in hotels or sent to other shelters.
• Stay is 30-90 days depending on need/circumstance. Shelter averages 80% full.
• Services also available for victims not staying at the Shelter and male victims of domestic violence.

YWCA Domestic Violence Shelter  
Shelter: 419-241-7386 or 1-888-341-7386
1018 Jefferson Ave.  
Rape Crisis Line: 419-241-7273 or 1-866-557-7273
Toledo, Ohio  43624
• Emergency Shelter for victims of domestic violence.
• Also provides Rape Crisis Services 24 hours per day, 7 days per week. Call 419-241-7273 or 1-866-557-7273

The Salvation Army  
734-241-0440
Manor House for Families  
815 E. First St.  
Monroe, MI  48161
• Provides Emergency Shelter for families and 3 or 4 single women for a total of 40 people. Men with children are allowed. The stay is 90 days. Families must be married. No alcohol or substance abuse is tolerated.

Salvation Army Warming Center  
734-241-0440
1018 E. 2nd St.  
Monroe, MI  48161
• Hours: 8 p.m. until 8 a.m. when the temperature drops to 32 degrees or lower. Can support up to 30 people. Monroe county residents only.

Fairview Transitional Shelter for Disabled  
734-240-3190
• Transitional shelter for individuals who are disabled. Licensed Adult Family Care Home. Call for details.
Family Counseling and Shelter Services 734-241-0180
14930 LaPlaisance Rd. Suite 106
Monroe, MI 48161
- Domestic Violence Shelter

MCOP Rental Assistance for the Homeless 734-241-2775
1140 South Telegraph Rd
Monroe, MI 48161
- Can assist with up to 3 months of rent for qualified applicants. Must have late notice or eviction notice and proof of income to apply. Other requirements also apply. Call for details.

Heaven’s Help 734-564-2326
1933 Elkton
Monroe, MI 48161

Oaks of Righteousness Christian Ministries Church 734-241-5590
1018 E. Second Street
Monroe, MI 48161

HOME REPAIRS

Single Family Housing Repair Loans & Grants
United States Department of Agriculture (USDA) Findlay: 419-422-0242
7868 Co Rd. 140, Findlay Oh 45840
- Provides loans to low-income homeowners to repair, improve, or modernize
- Provides grants to elderly low-income individuals to remove health and safety hazards
- Single Family Housing Repair Loans & Grants
- Eligibility
  - Homeowner and occupy the house
  - Obtain affordable credit elsewhere
  - Family income below 50% of area median income
  - FOR GRANTS: being aged 62 years of age or older and unable to repay a repair loan
- Maximum $$ afford
  - Loans: $20,000
  - Grants: $7,500
  - Loans and grants may be combined: $27,500
- Terms of
  - Loans:
    - Repaid over 20 years with a fixed rate at 1%
    - Full time service of $7,500
  - Grants
    - Must be repaid of property is sold within 3 years
LEGAL SERVICES

Monroe County Senior Legal Services  734-241-7644
Monroe, MI  48161

- Legal Services provided to Monroe residents, age 60+
- Legal Services include, but are not limited to: health insurance review, estate planning-family problems, Social Security or Supplemental Security Income, probate problems-housing problems, wills or amendments to wills, homestead property or home heating tax credits.
- Does not provide legal services for criminal, personal injury, or bankruptcy matters.
- There are no fees for legal services, but donations are accepted.
- Client must pay recording fees.

LEGAL SERVICES OF SOUTH CENTRAL MICHIGAN  734-241-8310 Main
1118 South Telegraph Road Suite A  http://www.lsscm.org
Monroe, MI  48161

Legal Hotline for Michigan Seniors  1-800-347-5297
Michigan: Healthy Kids: provides free health insurance coverage for pregnant women and children ages 0-19. The 2018 annual income limits for Healthy Kids is as follows (courtesy of www.nwhealth.org)

<table>
<thead>
<tr>
<th>Pregnant Women and Children under age 1</th>
<th>Children age 1 to 18</th>
</tr>
</thead>
<tbody>
<tr>
<td>$23,673/year for 1 person</td>
<td>$19,424/year for 1 person</td>
</tr>
<tr>
<td>$32,097/year for family of 2</td>
<td>$26,336/year for family of 2</td>
</tr>
<tr>
<td>$40,521/year for family of 3</td>
<td>$33,248/year for family of 3</td>
</tr>
<tr>
<td>$48,945/year for family of 4</td>
<td>$40,160/year for family of 4</td>
</tr>
<tr>
<td>$57,369/year for family of 5</td>
<td>$47,072/year for family of 5</td>
</tr>
<tr>
<td>$65,793/year for family of 6</td>
<td>$53,984/year for family of 6</td>
</tr>
<tr>
<td>$74,217/year for family of 7</td>
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</tr>
</tbody>
</table>

MiChild: Health insurance coverage for uninsured children ages 0-19. Doctor visits, immunizations, prescriptions, dental, vision, and hospital care are all covered. The cost is $10.00 per family per month. Yearly family income limits as follows (2018):

- $25,737/year for 1 person
- $34,895/year for family of 2
- $44,054/year for family of 3
- $53,212/year for family of 4
- $62,370/year for family of 5
- $71,529/year for family of 6
- $80,687/year for family of 7
- $89,846/year for family of 8

Healthy Michigan Plan*: Health care coverage for Michigan residents age 19 – 64 years. Must meet the following criteria (www.michigan.gov/healthymiplan)

- Must be age 19-64 years and a resident of the State of Michigan
- Must not qualify for not enrolled in Medicare or any other Medicaid programs
- Monthly income limits for 2018:

<table>
<thead>
<tr>
<th>Household Size</th>
<th>Adults 19 – 64</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>138% FPL</td>
</tr>
<tr>
<td>1</td>
<td>$1396.10</td>
</tr>
<tr>
<td>2</td>
<td>$1892.90</td>
</tr>
<tr>
<td>3</td>
<td>$2389.70</td>
</tr>
<tr>
<td>4</td>
<td>$2886.50</td>
</tr>
<tr>
<td>5</td>
<td>$3383.30</td>
</tr>
<tr>
<td>6</td>
<td>$3880.10</td>
</tr>
</tbody>
</table>
Government Subsidized Health Care Insurance
Health Insurance for uninsured Americans with cost based on income.
Eligibility Criteria:
- Must live in the United States
- Must be a U.S. citizen or national (or be lawfully present)
- Cannot be incarcerated
- Not eligible for Medicare
Apply for Marketplace coverage:
- Online at: www.healthcare.gov/marketplace
- By phone: Call 1-800-318-2596 or TTY: 1-855-889-4325
To apply outside of the open enrollment period, one must have a qualifying life event such as getting married, divorced, having a baby or adopting a child, losing job based insurance coverage. For a full list of qualifying life events, refer to the www.healthcare.gov website.
You will not qualify for a Special Enrollment Period if:
- You lose coverage because you didn’t pay your premium.
- You voluntarily drop your coverage prior to the end of the plan year.

Call to learn about programs that provide help with the following:
- Prescription drugs
- Nutrition/Food
- Energy assistance
- Medicare Premiums
- Housing/Rent/Mortgage
- Home repairs
- Foreclosure prevention
- In-home services
- Tax relief
- Transportation
Area Agency on Aging 1-B 1-800-852-7795
Health Benefit Education
Medicare/Medicaid Assistance Program (MMAP)
29100 Northwestern Hwy. Suite 400
Southfield, MI 48034
- Trained volunteers provide information and counseling on Medicare and Medicaid Issues
- Also addresses topics such as Medicare supplemental insurance, long term care insurance, Medicare Prescription Drug Benefit programs, and Medicare HMOs.

Senior Care Network 248-735-5900
21800 Haggerty Rd.
Northville, MI 48167
- Provides information and referral including guidance on Medicare and Medicaid issues and many other resources for seniors.

MEDICATION ASSISTANCE

MEDICARE PART D DRUG PLAN 1-800-MEDICARE
(1-800-633-4227)
www.medicare.gov
- Medicare contracts with insurance companies to provide drug coverage through Part D
- Open enrollment for current Medicare beneficiaries: Oct 15th – Dec 7th each year
- When enrolling, have your Medicare card and list of prescription medications/dosages with you

2018 Part D Plan Specifics:
- During the initial coverage phase, you pay a co-payment and your Part D drug plan pays its share for each covered drug until your combined amount (including your deductible) reaches $3750.
- Once you and your Part D drug plan have spent $3750 for covered drugs, you will be in the coverage gap, also called the “donut hole”. For 2018, the copay for covered brand-name prescriptions is 35% of the cost; covered generics copays are 44% while in the “donut hole”.
- When you spend more than $5000 out-of-pocket, the coverage gap (donut hole) ends and your drug plan pays most of the costs of your covered drugs for the remainder of the year. You will then be responsible for a small copayment. This is known as catastrophic coverage.
MEDICARE PART D “EXTRA HELP” with Part D Prescription Drug Costs

- Medicare Part D recipients may qualify for lower drug co-pays and a reduced or waived Part D premium. The income and financial asset limits for 2018 are as follows:
  - For single persons: annual income below $18,090 and assets less than $13,820
  - For a married couple: combined annual income less than $24,360 and combined assets below $27,600.
  - There is no coverage gap (donut hole) with the Extra Help benefit.
- For 2018, if you qualify for “Full Extra Help”, costs for generics are no more than $3.35 and brand name $8.35.
- Apply online at www.socialsecurity.gov or call the Area Office on Aging at 419-382-7060.
- **Note:** Applying for the “Extra Help” does not enroll a patient in the Medicare Drug Plan. Medicare recipients still have to enroll separately in a Part D plan.
- For assistance in enrolling in the MEDICARE PART D “EXTRA HELP” program, contact the Area Agency on Aging 1B at 1-800-852-7795

**NOTE:** applying for the “extra help” does not enroll a patient in the Medicare Drug Plan. Medicare recipients still have to enroll in a Part D plan.

MONROE COUNTY DEPT. OF HUMAN SERVICES 734-243-7200
903 S. Telegraph Rd.
Monroe, MI 48161

- Provides services including public assistance, food stamps, Medicaid for qualifying children and adults, social services and protective services for children and adults age 60 and older.

**Emergency Financial Assistance for Medications**

World Medical Relief (for un-insured) 313-866-5333

- Medications, durable medical equipment, and medical supplies provided for low income Michigan residents who are under-insured or have no insurance.
- As of 2016, the income limit for one is $36,200; for 2: $41,400
- For more information, go to www.worldmedicalrelief.org or call 313-866-5333.

Salvation Army 734-241-0440
815 E. 1st Street
Monroe, MI 48161

- May be able to provide one time financial assistance with prescription medications if funding is available.

St. Vincent DePaul Society (SVdP)

- May be able to provide one time financial assistance with prescription medications if funding is available.
- Contact the local Catholic Church to see if they have a SVdP chapter
Pharmaceutical Patient Assistance Programs 1-888-477-2669
- For low income individuals with no prescription coverage.

www.rxassist.org  www.needymeds.org
https://mi.pparx.org/

MEDICAL and DENTAL CLINICS

Monroe County Health Department 734-240-7812
Clinic Services
2353 S. Custer Rd.
Monroe, MI  48161
- Provides the following: Blood pressure checks, lice check and treatment, physician ordered injections, pregnancy tests, scabies check and treatment, TB skin testing and treatment.
- Walk in hours: Mon, Tues., Wed., and Fri. 9 – 11:30 a.m. and 1 – 4 p.m.
- There is a fee for services; may be waived if unable to pay.

Family Medical Center of Michigan, Inc.
- Accepts Medicare, Medicaid, and many other insurances.
- Sliding fee scale based on income for those without insurance.

LOCATIONS:
8765 Lewis Ave. 130 Medical Center Dr.
Temperance, MI 48182 Carleton, MI 48117
734-847-3802 734-654-2169

905 N. Macomb
Monroe, MI 48162 1085 N Macomb
Monroe, MI 48162
734-240-4851 734-240-4851

SERVICES
- Well & Sick Child Care
- Physical Exams for school and work
- Family Practice
- Obstetrics
- Radiology
- Dental Services (Temperance and Carleton)
- Behavioral Health
- Gynecology & Family Planning
- Laboratory & Testing

Monroe County Health Department 734-240-7825
Children’s Dental Services
2353 S. Custer Rd.
Monroe, MI  48161
- Dental Care to Medicaid eligible children under the age of 21.

Mobile Dentists 1-800-DENTIST
Transportation Assistance

Monroe County
TRANSPORTATION ASSISTANCE

Monroe County Department of Human Services 734-243-7200
903 S. Telegraph Rd.
Monroe, MI 48161
- Must be Medicaid eligible and have a chronic health problem which requires regularly scheduled appointments.
- Client must call their D.H.S. Case Worker for transportation approval.
- Must use Lake Erie Transit if available and if client is able to use public transportation.
- If not on Medicaid, contact D.H.S. to apply.
- D.H.S. contracts with MCOP to provide the transportation.

Monroe County Opportunity Program 734-241-2775
Specialized Transportation
1140 S. Telegraph Rd.
Monroe, MI 48161
- Must be a resident of Monroe, 60 or older or handicapped
- Wheelchair lift available
- Hours: Monday through Friday from 6 a.m. to 4:30 p.m.
- Cost: call for fee schedule
- If on Medicaid, must obtain approval from the D.H.S. caseworker.

Bedford Health Van 734-850-6045
1623 W. Sterns Rd.
Temperance, MI 48182
- Must be resident of Monroe County.
- Provides medical transportation for Monroe County.
- Will transport to anywhere in Monroe County and also to Toledo.
- Cost for seniors 60 yrs or older: $35 round trip.
- Hours: Mon. through Fri. from 8 am – 4:30 pm. Call for fee schedule.

Lake Erie Transit 734-242-6766
1105 W. Seventh St.
Monroe, MI 481612
- Public Transportation busses; equipped with wheelchair lifts.
- 8 Fixed Bus routes in the city of Monroe.
- Monday through Friday from 6:55 a.m. to 5:35 p.m.
- Saturdays from 9:35 a.m. to 4:15 p.m. No Sunday or holiday service
- ETS Essential Transportation Service available for seniors and handicapped persons. Door to Door available: call one day ahead
Lake Erie Transit – Bedford Dial-A-Ride 1-888-664-5984
- Public transportation within and around Bedford Twp.
- Call at least one hour ahead
- Handicap equipped; door to door service for seniors and the disabled.
- Also transports to Miracle Mile and Westfield Franklin Park Mall two times per day.

Milan Seniors for Healthy Living Transportation 734-508-6229
- MSHL provides transportation to anyone 50+ years of age, living within the 48160 zip code
- Destinations can be within a 20 mile radius of Milan, for a nominal fare. All of MSHL transportation vehicles are wheelchair accessible.
- **Rides available on Monday through Friday from 8:00am until 3:00pm** and can be scheduled, with at least one business day advance notice
- We do allow for standing appointments.

Handicap Parking Placard Applications 1-888- 767-6424
Michigan Secretary of State Office
- A disability parking placard may be obtained from any Secretary of State branch. The handicap parking placard application must be completed by the applicant and a physician, optometrist, physician's assistant, or nurse practitioner. Branch offices will not accept photocopies of completed applications, however blank application forms may be photocopied. There is no fee for an original placard.

Monroe Branch Office
1107 Telegraph Rd.
Monroe, MI  48161

Temperance Branch Office
7200 Lewis Ave
Temperance, MI 48182
Safety Services

Monroe County
SAFETY SERVICES

Family Counseling and Shelter Services  734-241-0180
14930 LaPlaisance Rd.  Suite 106
Monroe, MI  48161
-  Domestic Violence Counseling
-  Domestic Violence Shelter
-  Rape Crisis Program and 24 hour crisis hotline
-  Sliding fee scale for those without insurance.
-  Sunrise House Domestic Violence Shelter (see below)

Sunrise House (SAFE HOUSE)  734-242-7233
Family Counseling Shelter Services - Monroe
-  Emergency Shelter for female victims of domestic violence and their children (under age 17).
-  Capacity is 24 people, overflow from Monroe County will be sheltered in hotels or sent to other shelters.
-  Stay is 30 to 90 days depending on need and circumstance. Shelter averages 80% full.
-  Services also available for victims not staying at the Shelter and male victims of domestic violence.

YWCA Domestic Violence Shelter  Shelter: 419-241-7386 or 1-888-341-7386
1018 Jefferson Ave.  Rape Crisis Line: 419-241-7273 or 1-866-557-7273
Toledo, Ohio  43624
-  Emergency Shelter for victims of domestic violence.
-  Rape Crisis Services 24 hours/day, 7 days per week. Call 419-241-7273 or 1-866-557-7273

COUNTY PROTECTIVE SERVICES

Child and Adult Protective Services  1-855-444-3911
Monroe County Department of Human Services (Centralized Intake)
903 S. Telegraph Rd.
Monroe, MI  48161
-  Investigates reports of abuse, neglect, and exploitation of children and older adults (age 60 and older) and provides protective services for this population.

Long-Term Care Ombudsman  313-924-7860Adult
1423 Field Ave.
Detroit, Michigan 48214  1-866-485-9393
www.awbs.org
-  Investigates nursing home and long term care facility complaints filed by patients and families.
-  Provides support, advocacy, community education and support assistance to family members and residents of long-term care facilities.
Vulnerable Adult Abuse and Exploitation Helpline 800-996-6228
• This 24/7 statewide service provides crisis counseling and information & referral services. Helpline counselor will connect caller to local APS office to make a report, if appropriate.

Neighborhood Legal Services of Michigan 313-937-8291
Elder Law & Advocacy Center
12121 Hemingway
Redford, MI 48239
• Services include the provision of public education, outreach, and referral with respect to the prevention of abuse, neglect, and exploitation of older individuals.

CONSUMER SAFETY

The Better Business Bureau 1-800-743-4222
of NW Ohio and SE Michigan 419-578-6001
Integrity Place 7668 Kings Pointe Rd.
Toledo, Ohio 43617
www.toledo.bbb.org
• Keeps records of complaints against businesses.

REASSURANCE CALLS/FRIENDLY VISITORS:

Faith in Action for Monroe County 734-243-2233
6724 N. Monroe St.
Monroe, MI 48162
• Volunteers provide telephone calls and friendly visits to low income seniors, 60+ in Monroe County.
RENT/MORTGAGE ASSISTANCE

Monroe County Opportunity Program 734-241-2775
Emergency Housing Services
1140 s. Telegraph Rd.
Monroe, MI 48161
- Assists low income families and individuals with one month rent if faced with eviction notice.
- Emergency utility assistance also available.
- Call ahead to see if funding is available.

Monroe County Opportunity Program 734-241-2775
Homebuyer Purchaser Rehab:
- Funding for down payment assistance and costs for repairs needed on the home.
- Call for eligibility criteria

The Salvation Army 734-241-0440
815 E. First St.
Monroe, MI 48161
- Provides Emergency Food. Shelter, utility assistance, rent, clothing, and medical prescriptions when funding is available.

Michigan Department of Health and Human Services 734-243-7200
903 South Telegraph Rd. STE A
Monroe, MI
Emergency support is designed to maintain low-income households that are normally able to make ends meet but occasionally need help when unexpected emergency situations arise. If you need help with rent, rent arrearage, security deposits or moving expenses, and one of the following circumstances exists for your household, you may be eligible for relocation assistance.
- Homeless, living in a shelter, a car, or on the street.
- Living temporarily with other persons following a fire or natural disaster that occurred not more than 60 days before the date the group files an application for emergency relief.
- Living with other persons to escape a domestic violence situation.
- A court summons or judgment was issued which will result in the family group becoming homeless.
- Your family group needs adequate housing to avoid a foster care placement or before a child(ren) can return home from foster care.

St. Vincent DePaul Society (SVdP)
- May be able to provide one time financial assistance with rent or mortgage payment when funding is available.
- Contact the local Catholic Church to see if they have a SVdP chapter
UTILITY AND WEATHERIZATION ASSISTANCE

Monroe County Department of Human Services 734-243-7200
State Emergency Needs Heat Program
903 S. Telegraph Rd.
Monroe, MI 48161
- Emergency utility assistance provided to prevent shut off of service (heat or electric)
- Must meet household income guidelines.
- Must first apply for this program and be denied before applying for the MCOP or the Salvation Army Fuel & Utility Program (see below).

Monroe County Opportunity Program 734-241-2775
Gas & Electrical Assistance
1140 S. Telegraph Rd.
Monroe, MI 48161
- This program has limited funding but will assist with large balances on bills.
- To qualify for this service you must have a decision notice from DHS.
- Please contact MCOP ext. 224 for more information.

Salvation Army 734-241-0440
Fuel & Utility Program
815 E. 1st Street
Monroe, MI 48161
- Provides emergency fuel and utility bill payment when funds are available.
- Client must apply for State Emergency Relief first at Monroe Dept. of Human Services.
- Call the above number and ask for the Emergency Services Dept.

St. Vincent DePaul Society (SVdP)
- May be able to provide one time financial assistance with rent or mortgage payment when funding is available.
- Contact the local Catholic Church to see if they have a SVdP chapter

Monroe County Opportunity Program 734-241-2775
Weatherization
1140 S. Telegraph Rd.
Monroe, MI 48161
- Conducts an energy audit of the home, apartment, or mobile home
- Can provide water heater wrap, attic, wall, and crawl space insulation, low flow shower heads, door and window corrections, filling gaps, holes, cracks; provides furnace cleaning and tune up; storm windows and clock thermostats.
- Must be a Monroe County resident and meet 150% poverty level.
Monroe County Opportunity Program
734-241-2775

Tax Assistance
1140 S. Telegraph Rd.
Monroe, MI 48161

- Assistance offered to apply for the Homestead tax credit and the Home Heating tax credit
- Eligibility: Any senior citizen age 60 or older.
- Call the Resource Advocacy Dept at MCOP to schedule an appointment.

The Lifeline and Link Up Telephone Assistance programs 1-888-641-8722

- Low income households may apply for one program:
  - Monthly discount on basic local landline phone service, waiver of installation and deposit fees; optional toll blocking and 900/976 blocking at no additional charge
  - Free Wireless phone service
- Eligibility: household income must be at or below 150% of the federal poverty level or participate in public or state assistance programs including Medicaid, Food Stamps, SSI, Section 8 Housing, HEAP, TANF, or the National School Lunch Program’s Free Lunch.
- Call your telephone service provider to apply or call USAC 1-888-641-8722 for more information

Access from AT&T
Discounted Internet
www.att.com/access
855-220-5211 English
855-220-5225 Spanish

- Low cost home internet for households who participate in SNAP – Supplemental Nutritional Assistance Program (Foodstamps).
- Must not have any outstanding debt for AT&T fixed internet service within the prior 6 months nor any unpaid debt with this program (Access).
- No contract, No deposit, No installation fee
- Plans from $5 - 10 per month depending on desired internet speed.
- Service not available in all geographic areas. Check on line for more information. 5/17
Child Care Assistance

Monroe County
CHILD CARE ASSISTANCE

State of Michigan Child Care Assistance Program

- Families may be eligible for financial assistance for child care costs through The Child Development and Care (CDC) Program when the parent cannot provide child care because of:
  - Employment
  - High school completion
  - Approved activity
  - Family preservation

- To determine if your situation meets one of the above categories, refer to the Michigan Department of Education website at www.michigan.gov

- Co-pays may apply. The following income eligibility and family co-pay (FC) table was obtained from www.michigan.gov:

<table>
<thead>
<tr>
<th>Family Size</th>
<th>Maximum Monthly Gross Income</th>
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<td>FC (Per child per pay period)</td>
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<tr>
<td>FC Limit (per family per pay period)</td>
<td>N/A</td>
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</tbody>
</table>

Note: the parent is responsible for any child care charges not paid by the Department.
Monroe Family YMCA Day Care          (734) 241-2606
1111 West Elm Avenue          http://www.ymcaofmonroe.org
Monroe, MI 48162          kristinirwin@ymcaofmonroe.org

Lots of Love Daycare and Preschool          (734) 457-5683
529 N Monroe St
Monroe, MI 48162

- Accepting Infants 6 weeks through 12 years of age
- Center Hours- 6:30 a.m.-6:00 p.m. (Monday-Friday)
- FREE preschool with ALL daycare enrollments
- Healthy meals included with enrollment
- NOW ACCEPTING DHS FAMILIES
Educational Assistance

Monroe County
EDUCATIONAL ASSISTANCE

GED PROGRAMS

MONROE PUBLIC SCHOOLS - ADULT EDUCATION CENTER (734) 265-4200
Orchard Center High School
1102 East First Street
Monroe, MI 48161
- Adult Education Programming provides High School Completion, Adult Basic Education, GED Preparation, and English as a Second Language classes.
- Classes are free to adult Michigan residents who are at least age 20 by September 1 of the school year.

The Learning Bank (734) 265-4200
1102 East First Street
Monroe, Michigan 48161
- Provides free GED Classes
- Child care provided for your children between infancy and 4 years of age for the period of time you are in class.
- Scholarships available to attend Monroe County Community College.
- For more information: http://www.monroe.k12.mi.us/TLB/5750-Untitled.html

PELL GRANTS

The below excerpt was taken from: Federal Student Aid, An Office of the US Department of Education https://studentaid.ed.gov

Federal Pell Grants usually are awarded only to undergraduate students who display exceptional financial need and have not earned a bachelor's, graduate, or professional degree.

A Federal Pell Grant, unlike a loan, does not have to be repaid, except under certain circumstances.

How do I apply?
You should start by submitting a Free Application for Federal Student Aid (FAFSA®) form. You will have to fill out the FAFSA form every year you’re in school in order to stay eligible for federal student aid.
Scholarships, grants, loans, and employment opportunities are available to help pay for tuition.
Approximately half of all MCCC students receive financial assistance.

- More than 230 majors and degree programs offered, including associates, bachelor, masters, and Ph.D
- Financial Aid available.
EMPLOYMENT ASSISTANCE

MICHIGAN WORKS! - MONROE COUNTY EMPLOYMENT AND TRAINING DEPARTMENT  
(734) 240-7950 Main  
(734) 240-7300
1531 North Telegraph Road  
Monroe, MI 48162

GOODWILL INDUSTRIES OF SOUTHEASTERN MICHIGAN-MONROE TRAINING CENTER  
251 North Telegraph  
(734) 457-5355 Main  
http://www.goodwillsemi.org/
Monroe, MI 48161

- Provides skills training, job readiness programs, professional job coaching, and community based work experiences to individuals with disabilities.

Job Boards/Listings


Government Jobs

State of Michigan  www.governmentjobs.com/careers/michigan

USA Jobs  www.usajobs.gov

Veteran Administration Jobs  www.va.gov/jobs

County Job Postings  www.co.monroe.mi.us/officials_and_departments/departments/human_resources/jobs.php

Monroe County Opportunity Program – MCOP  734-241-2775
1140 S. Telegraph Rd.  
Monroe, MI 48161

- Assists low to moderate income families and individuals.  
- Offers gas and electric bill assistance, foreclosure counseling, help with rent, home repairs, and weatherization assistance programs
FINANCIAL MANAGEMENT

FINANCIAL OPPORTUNITY CENTER  567-585-0059
THE PROMEDICA EBEID INSTITUTE
1806 Madison Ave.
Toledo, OH 43604
- Provides financial coaching and counseling services focused on employment, budgeting, savings, debt resolution, credit repair and long-term financial goal achievement.

GreenPath Debt Solutions  734-457-0370
102 E. Front St.
Monroe, MI 48161
- Provides consumer credit counseling services, including Mortgage default, foreclosure prevention, mediation, and delinquency housing counseling. Home equity loan housing counseling.
Substance Abuse
SUBSTANCE ABUSE: ALCOHOL AND DRUG TREATMENT

Alcoholics Anonymous 734-240-4844
Al-Anon and Al-A-Teen 1-888-425-2666
Cocaine Anonymous 419-385-9000

The Salvation Army 734-384-3402
Harbor Light Center
3250 N. Monroe St., Suite 309
Monroe, MI 48161
• An outpatient treatment program as a follow up to clients who are assessed as able to
  maintain abstinence from drugs/alcohol in a less restrictive environment and with a support
  system. Individual therapy sessions as well as group therapy on average one time per week.
• Must be 17 years or older. Accepts most insurance and Medicaid. Call for details.

Meridian Health Services – Monroe Office 248-406-0104
23 E. Front St. www.meridian-hs.org/
Monroe, MI 48162
• Provides outpatient substance use disorder treatment that includes individual, group, and
  family therapy sessions.
• Must be 17 years or older. Accepts LifeSynch, Meridian Health Plan, Value Options, and self-
  pay.

Harbor Behavioral Healthcare 419-475-4449
Main Office - Lucas County www.harbor.org
4334 Secor Rd
Toledo, OH 43623
From the www.Harbor.org website:
• Harbor’s Alcohol and Other Drug (AOD) Treatment programs use evidence-based practices to
  treat both the substance use problem and the mental illness at the same time.
• AOD treatment starts with an assessment to determine the person’s individual treatment
  needs. Services Include:
  o Intensive Outpatient Treatment
  o Non-Intensive Outpatient Services
  o Individual, group, and family counseling
  o Group and Family Counseling
  o Case Management
  o Urinalysis
  o Medication Assisted Treatment
Reformers Unanimous 734-558-3590
Calvary Baptist Church School www.rurecovery.com/
318 Riley St.
Dundee, MI 48131

- Provides faith-based Christ Centered addictions program and support. Program uses a spiritual approach to develop lifelong sobriety. Walk in meetings during service hours on Friday 6:30-8:30pm. Individual counseling is available and emergency assistance is available. No fees.
Furniture, Appliances & Clothing

Monroe County
FURNITURE, APPLIANCES & CLOTHING

Michigan Department of Health and Human Services 734-243-7200
903 South Telegraph Rd. STE A
Monroe, MI
- Emergency support is designed to maintain low-income households that are normally able to make ends meet but occasionally need help when unexpected emergency situations arise.
- Provides financial assistance for burial/cremation, household goods and extermination services on a case by case basis.
- Apply through the DHHS and State Emergency Relief application.

Goodwill Industries of Southeastern Michigan
734-856-5373
7300 Secor Rd. 255 N. Telegraph Rd.
Deer Creek Commons Monroe, MI 48161
Lambertville, MI 48144 734-457-3447
- Provides used clothing to individuals and families with emergency needs. Call for more information.
- Also provides gently used clothing and household goods are a reasonable price.
- Open Monday – Saturday 9am – 8pm; Sunday 12 – 6pm.

Thrift Shop Association of Monroe 734-242-1082
119 Monroe St.
Monroe, MI 48161
- Sells secondhand clothing at lower than retail prices. Available to Monroe County residents with referral from agency, church, or school.
- Open Monday, Wednesday – Saturday 10am – 2pm; Tuesday 10am – 1pm.

Damascus House 734-242-8136
212 Smith St.
Monroe, MI 48161
- Provides three separate outfits of clothing to those in need. Available clothing is based on donations.
- Also sells clothing, furniture, jewelry, maternity clothes, baby items and other household items are below market prices.
- Open Tuesday – Friday 9am – 4pm.

Helping Hands Thrift Store 517-266-7002
795 Division St. www.helpinghandsthriftstore.org
Adrian, MI 49221
- Furniture, beds, mattresses, home and holiday décor, and kitchen wares.
- Store hours: Monday – Friday 9am-5pm; Saturday 10am-4pm
### 2018 Poverty Guidelines for the 48 Contiguous States and the District of Columbia

<table>
<thead>
<tr>
<th>Family/Household Size</th>
<th>2018 Poverty Guidelines</th>
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<tbody>
<tr>
<td>1</td>
<td>$12,140</td>
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<tr>
<td>2</td>
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<td>38,060</td>
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<td>8</td>
<td>42,380</td>
</tr>
</tbody>
</table>

For families/households with more than 8 persons, add $4,320 for each additional person.