Comprehensive, tailored services to lower costs and improve the health of your employees.
Our Mission is to improve your health and well-being.

- 332 sites
- 28 counties in two states (OH and MI)
- 4.7-million patient encounters system-wide
- 13 hospitals
- 334,000+ lives covered by Paramount insurance
- More than 900 providers/ProMedica Physicians with 1.6-million annual patient visits
- 2,700+ physicians with privileges
- 1,400 ProMedica Health Network members
- Six ambulatory surgery centers
- 17,900+ employees
- 2,700+ volunteers
- 40+ boards, committees/councils, foundations
- 460 volunteer board members
- 400+ ProMedica Continuum Services beds
- 2,350+ licensed inpatient beds
- 90,000+ inpatient discharges
- 71,000+ surgeries
- 8,200 births
- 392,000+ ER visits
- 220,000+ home care visits
- 425,000+ rehabilitation therapy encounters
- $14.5 million raised through philanthropy
- More than $180 million in community benefit (2016)
- 24/7 online access with ProMedica OnDemand
ProMedica is Well Connected to improve your business.

We’re proud to offer your workplace the opportunity to combine unmatched access to affordable health care with superior clinical excellence. Using the latest electronic health record technology, our doctors, specialists and expert care teams seamlessly share information to improve patient care and cost efficiency for your business.

Your employees will be connected to the region’s most highly coordinated healthcare team, focused on your goals as an organization.

AT A GLANCE
Tailored healthcare solutions – proven to deliver lower costs.
LOWER PER-MEMBER, PER-MONTH COSTS.

IMPROVE YOUR EMPLOYEES’ HEALTH.

ENHANCE EMPLOYEE ENGAGEMENT.

To lower healthcare costs and create healthier workplaces, ProMedica provides tailored solutions based on your organization’s objectives and priorities. We deliver a progressive, cost-effective care model that improves the health and well-being of employees.

Using a proven strategy, your employees receive appropriate care at the right time, in the right place, at the right cost.

Our organization provides an array of healthcare services for your business to choose from including: on or near-site clinics providing primary care and screenings – occupational health – behavioral health – wellness/fitness programs – and much more.
FOUNDATIONAL PILLARS
Contributing to happier and healthier employees.

- Healthy Mind
- Nutrition
- Safe Environment
- Physical Activity
- Lifestyle Enhancement
- Community Connections
Healthy Mind
Foster an inspiring workplace where employees enjoy meaningful experiences that enable them to flourish.

Nutrition
Eliminate various health risks for employees and their families by increasing awareness of and access to healthy food options with appropriate portion sizes.

Safe Environment
Support safe work environments free of extreme conditions while providing appropriate prevention techniques of work-related injuries, accidents and illnesses.

Physical Activity
Create a culture of physical activity for your employees to counter negative health consequences from inactive lifestyles.

Lifestyle Enhancement
Educate employees and their families on adopting smart lifestyle decisions regarding diet, exercise and sleep to promote optimal health and energy.

Community Connections
Positively influence individuals to have strong relationships that encourage development and growth, exhibit respect, and live a healthy, joyful life.
Achieving optimal results.

COST
SAVINGS
WE USE DATA TO STRUCTURE WHAT METHODS WILL PROVIDE THE BEST RESULTS FOR YOUR EMPLOYEES’ CARE AND MONITOR THESE CONTINUOUSLY.

Knowing Our Patients

To define the characteristics and health statuses of employees, we blend data sets including utilization, cost, and quality with patient-centered information such as claims, clinical and psychosocial factors.

Creating Care Plans

We analyze the results of that data to divide employees into various risk categories, identify gaps in care, and establish targeted care plans across the full spectrum.

Employee Engagement

Individualized health strategies engage employees in their care. Our mobile strategy enables active participation in daily health and wellness activities.
Convenient and cost-effective ways to receive appropriate care.

UNMATCHED ACCESS
24/7/365 ACCESS TO CARE

Our diverse network of primary care, urgent care, on-site clinics, acute care facilities and 24/7 virtual visits allow us to serve each patient at the right place and cost.

We strive to treat each patient at the location most appropriate for their condition.

ProMedica OnDemand

24/7 video visits with board-certified providers from your phone, tablet or computer. This allows anyone to see a doctor at home or on the go.

ProMedica Urgent Care

ProMedica Urgent Care is a cost-effective alternative to the ER for non-emergency situations, such as minor injuries, infections, cold and flu symptoms and more. Lab testing and x-rays can be done on-site. Locations are open 365 days a year.
Well Connected

Patient care is well connected at ProMedica through one electronic health record system. So no matter where a patient receives care, it is properly documented to advance high quality, individualized care.

ProMedica MyChart, our online patient portal, allows for individuals to manage their health care online – easily access test results, set appointments, request prescription refills and more.
Convenient and cost-effective. Through our unique, tailored approach, you have the ability to select the services that fit your company’s goals.
WE IDENTIFY AND ACHIEVE A RETURN ON YOUR INVESTMENT THROUGHOUT OUR SPECTRUM OF CARE:

Our proven model allows us to create a customized plan that results in optimal employee wellness. We understand each employer is unique, with diverse employee populations and different healthcare demands.

Working one-on-one with you, our experienced team develops a program to meet your needs. This collaborative approach results in an appropriate and efficient model by looking at data – employee demographics, healthcare utilization and trends.
Behavioral Health

**Employee Assistance Program Services**
Professional, confidential counseling and coaching to help individuals deal with personal challenges.

**Depression Screenings**
Individual assessments imbedded in annual wellness exams to determine if patients are experiencing symptoms of a mental health condition.

Health Promotion

**Education and outreach programs** in areas such as fitness, nutrition, weight loss, stress, tobacco, managing medical conditions, health risks, and more.

**On-site fitness centers** managed by ProMedica staff.

Laboratory Services

**Phlebotomy:** On-site lab draws and testing. CLIA-waived.

**Reference Testing:** Analyzes lab samples that require more advanced testing.

Occupational Health

**Physical and Specialty Exams**
Dept. of Transportation, bus driver, respirator, return to work, disability and more.

**Surveillance Testing**
Audiometric, tuberculosis (TB), rapid flu test, respirator fit testing, vision and more.

**Pre-Placement Services**
Drug testing, fitness for duty, CPR/first aid training, personal protective equipment (PPE) education and more.

Pharmacy

**On-Site Dispensing**
Appropriate medications are administered as determined by provider following the patient visit.

**On-Site Delivery**
Convenient, daily delivery of medications to the business location.

**Medication Therapy Management (MTM)**
One-on-one with a clinical pharmacist to review medications, assess duplications, find potential risks, establish baseline health indicators (weight, blood pressure, etc.), and provide proper education.

Preventative Care

**Health Risk Assessments**
Collects data that identifies potential risks for developing health conditions.

**Biometric Screenings**
Measurements of physical characteristics such as weight, body mass index (BMI), blood pressure, cholesterol, hemoglobin A1c, etc.

Primary Care *Includes an on or near-site model option

**Annual Wellness Exams**
Comprehensive medical evaluation and review of body systems, medications and immunizations. Includes the management of medical, social and family history issues.

**Chronic Condition Management**
Counseling and risk reduction tactics specific to each patient’s condition – including identifying appropriate screening tests based on age, gender and history.

**Acute and Episodic Care**
Appointments to diagnose and treat a sudden condition such as colds, flu or minor injury.
Our experts conveniently built into or located near your workplace, creating outstanding outcomes and a culture of wellness.

A coordinated team, all working together on your goals.

ON-SITE CLINIC MODEL
Medical

**Primary Care**
Preventative measures tailored to your employees’ needs such as yearly wellness exams and health screenings (mammograms, colorectal, etc.).

Chronic condition management for diabetes, hypertension and more.

Acute and episodic visits for illnesses and conditions that arise quickly.

**Employer Services Offered:**
- Travel medication program
- Human performance evaluations
- Surveillance programs
- Pulmonary functioning
- Respiratory FIT testing

Behavioral
Includes assessments for observing, explaining, predicting and even helping correct human behavior.

Mental and behavioral health services with ProMedica are enhanced by our partnership with Harbor Behavioral Health.

**Employee Assistance Programs:**
Personal and confidential counseling.

Nutrition
In-depth evaluation of data related to an individual’s food and nutrient intake, lifestyle and medical history.

**Nutrition coaching and counseling** by dietitians and wellness coaches to lower health risks, maintain a healthy weight, and help employees reach their personal goals.

**Tobacco treatment services** helping employees quit tobacco use and avoid temptation.

Fitness

**On-site fitness centers managed by ProMedica** with personal training, group exercise classes and fitness challenges.

**Script4Fitness**
A medically-based fitness program in which participants are referred by a primary care provider or other health professional and receive a tailored workout plan.

Pharmacy
Face-to-face interaction with a pharmacist enables patients to receive individualized care based on their conditions. PCPs and pharmacists partnering creates even better outcomes for patients with chronic diseases or who are high risk.
OCCUPATIONAL HEALTH
Preventative Care

Our on-site staff provides the appropriate evaluation of employees by performing annual physical exams and preventative health measures. Biometric screenings measuring physical characteristics such as weight, body mass index (BMI), blood pressure, cholesterol, HbA1c are administered at no extra cost.

Annual physical results and biometric data are used to provide condition management services and coordinate employees’ care to appropriate resources beyond the workplace clinic.

Flu vaccines and other immunizations can be administered upon request.

Surveillance

ProMedica ensures employees receive the appropriate job-related testing and screenings that include: drug testing, pulmonary function testing, respirator fit testing, hearing testing and others as identified by clients.

Urgent Care

Employees receive the appropriate acute and episodic care by on-site staff for common illnesses such as cold and flu, respiratory infections, sinusitis, urinary issues and more.

Certified nurse practitioners can provide wound care, including stitches for small lacerations, which save on costs incurred at an off-site urgent care or emergency center. Injections can also be administered in appropriate circumstances, like under the guidelines of a physical therapist.

Emergency Response and Training

Occupational health staff located on-site can be responsible for providing emergency response services, as well as trainings for employees that includes CPR, first-aid and AED.

ProMedica can also provide Medical Review Officer services either independently or in collaboration with an organization’s medical director to ensure all guidelines and protocols are followed.

Staffing

We work with each organization to determine the appropriate staffing model that fits your needs. An occupational staffing model may include full or part-time:

• Nurse practitioners
• Medical assistants
• Athletic trainers
• Physical therapists and/or physical therapy assistants

Hours of Operation

To meet the needs of your workforce, ProMedica’s on-site staff will be available based on the hours of operation of your facility, or in accordance with your wishes and expectations.
24/7 live video visits with a provider for common illnesses. No appointments necessary.
Access to health care from home, work or while traveling.

ProMedica OnDemand allows your employees to see a healthcare provider from their phone, tablet or computer – 24/7. Through secure, high-quality video, patients can be seen in minutes for common illnesses such as:

- Allergies
- Cold and flu symptoms
- Ear infections
- Pinkeye
- Rashes
- Respiratory infections
- Sinus infections
- Sore throats

Prescriptions are sent to the preferred pharmacy of the patient. It’s available to all ages, so even children and dependents can be seen.
Comprehensive exams for business leaders to create a convenient, personal blueprint for healthy living.
As a business leader, your health is your most important asset. Instead of scheduling multiple appointments throughout the year, the ProMedica Executive Health Program can take care of all of your appointments in less than one day.

Our elite team of physicians, nurses, exercise specialists, and dietitians will provide a personal health exam and develop a program based on your age, medical and family history, and current conditions.

Executive Health exams may include:

- Complete physical exams
- Comprehensive laboratory screenings/urinalysis tests (70+ results)
- Cardiovascular health exams
- Cancer screenings
- Bone density screenings
- Fitness evaluations
- Nutrition assessments
- Other available services: immunizations, colonoscopies, vascular screenings, sleep apnea assessments, massages, and more.
As a **locally owned, nonprofit organization**, we strive to improve our communities outside of our facilities.

**SERVING OUR COMMUNITIES**

647,000 patients screened for hunger and poor nutrition

4% of patients screened suffered from chronic hunger
Social Determinants of Health

ProMedica serves as a national leader in addressing the social determinants of health, the socio-economic barriers that make it difficult for individuals to achieve healthy lives. Barriers include: food insecurity, housing, social connections, transportation, domestic violence, finances, child care, education, employment, and behavioral health. ProMedica is a founding partner with the AARP of the Root Cause Coalition, a nationwide group which empowers others to address these issues in their communities.

Hunger as a Health Issue

We work together with our clinical staff, community agencies, religious organizations, businesses and elected leaders to end hunger in the regions we serve. Actions include hunger screenings to patients, food reclamation activities, and local/nationwide summits to address hunger as a health issue. We’ve even opened up a grocery store in a designated food desert in Toledo – an area without access to healthy food.

Unmasking Mental Health

Ranked as one of the top health concerns across the region, ProMedica is raising awareness, addressing mental health needs and advancing services throughout our communities. We strive to “unmask the stigma” often associated with mental health.

ProMedica Innovations

A strong local economy is essential for healthy communities. Our in-house business incubator, ProMedica Innovations, supports local inventors in the development of their life science technologies. The facility fosters new startup companies in a world-class environment.

Community Advocacy and Giving

We use our network of resources to support community programs, raise awareness about issues affecting health, and allocate funds to directly improve the health of the communities we serve. ProMedica provides assets to numerous nonprofit organizations, such as those that provide food, clothing and housing.
WHY CHOOSE PROMEDICA?
WHY CHOOSE PROMEDICA?

Local

ProMedica is committed to improving the health and well-being of our region.
Toledo Headquarters | Community-focused

Well Connected

As an expansive healthcare organization with a full spectrum of care and providers, ProMedica easily coordinates care for patients.
Primary Care | Specialties | Hospitals | Urgent Care | Therapy | Wellness | Online Visits

Collaboration

We’re a willing partner in your success, focused on working directly with you to improve employee health and reduce costs.
Identifying opportunities | Building pricing models | Value-add solutions

Innovation

Our organization is driven to continuously implement new healthcare solutions that improve outcomes and the overall patient experience.
Medically-integrated fitness | Employee wellness | ProMedica Innovations | Medication therapy management

Proven

ProMedica successfully manages the health of patients by providing the right care, at the right place, at the right time, for the lowest cost.
Accountable care organization | Demonstrated results with employers
Brandon Falknor
Director of Business Development
ProMedica Physicians
567-585-7378
Brandon.Falknor@promedica.org